

You Aren't Ready For A LTR...yet.

April 6, 2021 | 130 upvotes | by [Protocol_Apollo](#)

A lot of you simply aren't ready for a LTR...yet. This post is to show you why and when you'll know you will be.

Let's look at why we use this common phrase:

"LTRs are Red Pill on hard mode." (And so by inference Marriage must be Red Pill on 1 shot God Mode).

LTRs are harder than plates/fwbs because of 2 reasons:

Investment and time/exposure. With plates and FWBs, there's minimal investment. All you need is indifference.

She's acting bitchy? She's being annoying? She's tired and doesn't want to come over?

Treat with indifference.

So with our examples, if she's acting bitchy, treat with indifference and soft next or if it's really bad, permanently demote and just move onto the next bitch. It's cool....no harm done.

Tired and doesn't want to come over? If she does it once, treat with indifference and go hit up another plate whose down. If she does it regularly, hard next. This plate is broken, whatever...it was just your turn anyway. No biggie.

You dont bother with making minor adjustments like trying to correct her or guide her. Your only option is "take whatever you get" or "start from scratch". And since you aren't that invested in her, this not only works, but it is mandated...for plates/fwbs.

But with LTRs, things change. You must always have your indifference game (your plate game) but now you since are emotionally invested, her problems become your problem. This wasn't the case for plates/fwbs. You can't treat your LTR like a plate. (That's why you need control game on top of your indifference game for LTRs). You no longer get to say *"she's not mine, it's just my turn"*. This is indifference. If you are invested, you are can no longer be that indifferent as investment and indifference are almost the opposite of each other. She is yours and now you have to make it so.

Then we get the exposure element. With plates/fwbs, you spend some sexual time with them and very

little non sexual time with them. Maybe you see them once or twice or even, rarely, three times a week. But with LTRs it's different, you spend sexual time and non sexual time with her. This means she gets to see a lot more of you. It's different from plate/fwb where you mainly see each other in a sexual context for a few hours a week at most.

This is why PUA/new TRPers who use this knowledge to jump straight into a LTR have already failed. Not only do you have to master another type of game (control), not only are you emotionally invested in that girl but you also have to spend a lot more sexual and non sexual time with her. This creates a bigger window to fuck up in.

So what do I propose before you think about LTRs?

The 25,25,25 rule.

25 N count

You need some notches on the belt before thinking about a LTR. Several reasons: get the experience of different kinds of women under your belt and to try many flavours before knowing what type of girl you would LTR. How do you know you prefer chocolate ice cream? Have you ever tried vanilla, strawberry, mint, coffee? Exactly.

But more importantly, getting your feet wet in casual sex (well in this case your dick) creates abundance and gives you the DGAF mentality you need to sustain a LTR. "The one who is least invested in the relationship has the most power". This is what enforces the prize mentality and proves to you, you don't need women, but instead, you want them.

Nothing can replace this. No matter what you read, how much you read, you will never truly internalise an abundance mindset/prize mentality in a LTR. True abundance mentality doesn't come from reading the best posts from the best writers but from actually having had it. Once you have a good N count, only then you will internalise that women aren't that special and the LTR is genuinely a special gift you are giving to a girl.

When you don't do this, and LTR the first or second girl you find, things may be fine for a while. But eventually, there will be tells of scarcity because deep down you know the only way you will be able to have sex is through a LTR. This will make you overthink your text responses...maybe not by a lot...but by just enough. Other small tells and subconscious scarcity mentality is what will eventually ruin your LTR.

By subconsciously feeling you can't risk ruining the LTR, you will eventually ruin the LTR.

But if you go into an LTR with some experience under your belt, you know you have options and know

you can find other women if things go south since you have done it before. And this is, ironically, what keeps your LTR smooth.

25 months of red pill

You've been brainwashed for a long time, almost a lifetime. Expecting to go from blue pill to 100% red pill in 1 week or 1 month or even 1 year isn't feasible. Think how much brainwashing you have to undo. You have lived 15-20 years, if not more, under the lies of Hollywood, your parents, your teachers, your friends, social media and other mainstream establishments. There's no one thing I, or anyone else, can say to make any new reader go from blue to hard red. It's a culmination of things. At the start, you won't understand TRP fully. I didn't...nobody did. Contrary to the British cigarettes from Purple Pill debate, there's a lot of nuance to the red pill especially within the best posts and best posters. You will miss the nuance of some of these posts until you come back much later to re read them. When you return, you may find other meanings or interpretations conveyed. You may even find something completely new in a previously read post or be able to make new conceptual links from it. This is often the case with the best posts. There are lots of different ideas and concepts on this sub so you are gonna have to wrestle with all these different ideas and concepts to make them all fit into one coherent picture.

Month 1 of red pill is not the same as month 6 which is not the same as month 13.

25 years of age

This is probably the least important one out of the 3 but still important. This is mainly to let you get a 25 N count before you consider a LTR. How are you going to get a 25 N count if from the age of 18, all you do is LTRs? But another issue is that most LTRs when you are young don't last long anyway. That's just the nature of the beast. Neither party really know what they really want or need in a LTR at that point.

Now, I am not saying that you should start making Excel spreadsheets of your conquests, or mark the date of your 25th Birthday and start counting down to when you can finally have a LTR. Don't be a sperg. Take this post seriously but not literally. (Tbf this goes for almost every post here).

The point isn't to give you a hard checklist of when you can finally have a LTR. This isn't about when I will give you my permission to have a LTR. You don't need it. This is just something to put things in context for you before you enter a LTR.

If you are 23, have a n count of 17 and been here for 3 years, then you might be ready for a LTR.

If you are 28, have a n count of 40 and been here for 1 year, then you might be ready for a LTR.

If you are 20, have a n count under 10 and been here for only a few months, then you probably aren't ready for a LTR.

Conclusion

LTRs are trickier than plates/fwbs. It is ill advised to hop into straight into a LTR after discovering red pill. Play the field first, your future LTRs will thank you later.

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Comments

AutoModerator[M] [score hidden] 6 April, 2021 12:23 AM stickied comment

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I am a bot, and this action was performed automatically. Please contact the moderators of this subreddit if you have any questions or concerns.

Smerdakas • 110 points • 6 April, 2021 08:27 AM

One of the best ways to learn women and develop IDGAF attitude is to get dumped by your LTR unicorn. You're not a fighter unless you have been punched in the face, and going through a break up will help you internalise TRP ideas. So I'd say, don't be afraid of LTRs.

rodrick_10 • 35 points • 6 April, 2021 08:57 AM*

This is the best coment on this post!

I had some plates before, but only when I was dumped by my ex I was able to seen the real female nature and understand most of the concepts discussed here.

BlondeHornyElf • 9 points • 6 April, 2021 06:04 PM

You're not a fighter unless you have been punched in the face
very quotable bit right there

Protocol_Apollo[S] • 3 points • 6 April, 2021 11:06 AM*

Think you are conflating motivate for learn.

Breakups motivate you to learn Trp. To learn what happened, why it did and how to stop it from happening again. But they don't make you learn that much in and of themselves.

The best way to learn I contend is simple volume/high sample size ie plates/FWBs.

Any one girl won't give you a full picture of women, it's a shitty sample size.

purplepilldthrowaway • 5 points • 6 April, 2021 04:11 PM

There's a difference between the snapshots of female nature you can learn from casual sex vs LTRs. There's a Venn diagram of stuff you learn from each (with some overlap) but unique stuff in both categories.

E.g. you can learn a lot about nuanced conflict management in an LTR vs not so much with plates. And you can learn more about fuckboy game with plates that wouldn't be fully healthy in an LTR, even if aspects of it (e.g. sexual confidence, a level of IDGAF, etc) can still be relevant in an LTR.

michael1962-01 • 1 point • 7 April, 2021 10:47 AM

Yes and no. If you enter the "next unicorn - this time different" after you learned nothing.
Been there.

Even as a natural alpha you are not immune to oneitis streaks.

disciplinedFreedom • 1 point • 12 April, 2021 04:32 PM

I think a lot of us became redpilled (including myself) after realizing the first girl you loved was not the unicorn you made her out to be. Thats why I think MGTOW is an awful idea/cope for young men. They claim that they want nothing to do with women and are virgins.

Young bros, stop with the coping bullshit and being "more informed" than your peers who are getting laid. You naturally want women all the time if youre straight. It takes getting punched in the mouth hard to truly become redpilled, which is why I call bullshit on a lot of the late teens and early 20s guys

urbanfoh • 26 points • 6 April, 2021 06:16 AM

Hmm I tend to start on heaviest difficulty anyway.

I'd say just jump into a LTR to experience the slow betaisation process and learn how to keep a RP- mindset nonetheless. Learn how to soft-next, give out rewards and punishments to determine your LTRs behavior.

Also girls will be weirded out if your 25 and have never been in a relationship.

Protocol_Apollo[S] • 12 points • 6 April, 2021 06:25 AM

Hmm I tend to start on heaviest difficulty anyway.

That's one way to learn.

Also girls will be weirded out if your 25 and have never been in a relationship.

Perhaps but since when have we cared about what girls think?

urbanfoh • 1 point • 6 April, 2021 06:31 AM

Perhaps but since when have we cared about what girls think?

You could ignore that, right. But remember most girls like to at least have a shot to becoming your LTR. If you signal that this is not possible from the very beginning you might limit your dating pool.

TheStarSwordsman14 • 13 points • 6 April, 2021 01:54 PM

Just lie. Nobody needs to know your dating history.

[deleted] 7 April, 2021 06:06 AM

[deleted]

Protocol_Apollo[S] • 2 points • 7 April, 2021 06:41 AM

Perhaps.

But then who said she has to know?

Hamburgersauce12345 • 1 point • 6 April, 2021 10:01 PM

The bargaining phase should deal out this lesson naturally anyway provided your getting your dick wet by then

MephistophlesofAZ • 21 points • 6 April, 2021 09:22 AM

I can't help but get the feeling OP isn't nearly as smooth with the ladies.as he thinks he is.

Protocol_Apollo[S] • 0 points • 6 April, 2021 06:42 PM*

Then by all means, show us how smooth you are, Chad.

p3n1x • 13 points • 7 April, 2021 12:23 AM

This thin skin reaction is kinda proof in the pudding.

Halflotus1 • 61 points • 6 April, 2021 01:00 AM

Best advice for an LTR: “Act like you are single.”

Protocol_Apollo[S] • 10 points • 6 April, 2021 11:07 AM

Sounds like a Patrice o neal quote.

Ffs Patrice, why did you have to go so early.

Halflotus1 • 5 points • 7 April, 2021 03:12 PM

There’s an extremely good LTR article on TRP, with exactly that title. I couldn’t find it the last time I searched, but it’s worth reading for sure.

redhawkes • 2 points • 7 April, 2021 05:25 PM

Shout out to u/whatsthisgarg

She's just your Girlfriend, she's not your Siamese twin

Halflotus1 • 2 points • 7 April, 2021 05:33 PM

That’s the one. Thank you sir.

whatsthisgarg • 4 points • 7 April, 2021 11:09 PM

ALYAS, bro. Act like you are single. Should be the quick answer to a whole bunch of askTRP posts.

thanks u/redhawkes

theabstractengineer • 22 points • 6 April, 2021 04:04 AM

It's interesting to watch you young bucks figure things out.

You sure talk (type) way more than necessary.

ForeverKarlMalone • 34 points • 6 April, 2021 12:40 AM

The brutal truth is if you’re any good at sex, you won’t be lacking in women eager to jump into LTRs or long term plate relationships with you, regardless of how bad your game is in other aspects.

You may not be ready for an LTR yet but if no woman has even strongly pushed for it, it’s time to reevaluate what goes on between the sheets and how satisfied you’re actually making the women you sleep with

MoneyCloudOperator • 7 points • 7 April, 2021 10:03 PM

Here we go again with the “your just not hitting it right” argument/advice. Sex is cheap to women. They can get good sex from anywhere and don’t even necessarily push for relationships with men who hit it right. It’s more complicated than “you’re probably not hitting it right. Women and men have sex because it’s fun to do along with a plethora of other reasons. Validation, insecurities, just being bored and looking for a good time, transactional sex etc. There are women in relationships with selfish lovers who aren’t concerned with getting

her to O. There are women who aren't in relationships despite the guy they fuck with who focuses on her satisfaction every session. The emphasis should be on yourself, not her pleasure per se.

Women know that sex is one of a few pillars upon which our desire for them is built. They have sex to please us primarily. They also enjoy the validation of satisfying a man as well as the act itself and they also have sex for the validation they get from fucking a high value man. If you've ever had sex with a woman, and for one reason or another you didn't cum, this is why she would feel insecure about themselves after the fact and possibly be in a bad mood. It's signaling to her with action that can't be faked that she may not be desirable/you're not that interested/ And she'll think she's worthless sexually. Whereas if you're any man worth your salt it shouldn't really phase you to not make a girl cum. Sexual satisfaction is the responsibility of the individual after all. Your partner is there to help and enjoy the journey there with you.

Only in extreme examples like, having a pencil dick, cumming in two minutes every time, or being generally insecure will your sex game be a detriment and an avenue to explore and improve other techniques and strategies.

In short, how much value a man has determines his access and the consistency of his access to sex with women. His performance OUTSIDE of the bedroom is a far more telling factor because that's when women get wet in the first place. Not when clothes are already off. This is why emphasis on self improvement and increasing value via physical training, financial and educational progresses and promotions, and social status is always the first step/ advice that's given here before anything else.

Pacjax_ • 7 points • 6 April, 2021 01:46 AM

The way of the superior man is a great read for learning what type of man you need to be in the bedroom

Protocol_Apollo[S] • 17 points • 6 April, 2021 12:55 AM

Yep that's a fair point.

As a guy you gatekeep relationships, a woman gatekeeps sex.

If a woman has given you sex, you probably will be on her relationship radar (how much and when is the question).

If you aren't, something's gone wrong as you said. Either it's you (sex game) or it's her (has a massive emotional disconnect from sex and relationships which is great plate material but bad ltr material).

But doesn't mean you should hop right into a ltr even if she is giving it to you on a tempting hot plate.

AvengerSentinel • 14 points • 6 April, 2021 02:02 AM

I mostly agree with this post. I remember a pretty wise RP'er once saying that a man shouldn't get into a serious LTR until he's at least 30, and shouldn't move in with a woman until he's at least 35.

I think a guy is better off being in monk mode and spinning plates every so often until at least his mid 30's, as opposed to having a GF slow him down while he's on his mission.

therealjayvi90 • 13 points • 6 April, 2021 07:18 AM

Well I certainly feel I've fucked up and not spent my time wisely the past ten years then. I've *only* ever had LTR from 21 until now, my birthday as of 15 minutes ago, 31. What a fuckin shit show and waste of valuable years it has been, should have found this sub much sooner

Vespersweep • 3 points • 6 April, 2021 11:00 AM

Mission>women. If that's at the core of your behaviours and extensions of yourself, you win. Never need her. She's ONLY a compliment. Do what you'd do normally and drag her along for a wild ride. After a 6 year LTR

from 18-24, discovering and learning TRP while in that ship, i don't want an LTR.

Monk mode with occasional plates is best, imo. I tend to grind less when I'm shooting loads in chicks more than 1x/mo.

Practiced semen retention/sexual transmutations on and off a lot, though. Definitely changed my relationship with sex.

daproest1 • 3 points • 6 April, 2021 01:39 AM

I had zero fear of loss. And still ruined my LTR. Unicorn. So there's that. And I was 25 when it started. 31 when it ended

Pimpjuice2 • 21 points • 6 April, 2021 05:26 AM

Best advice: don't let some dude on an online form tell you some objective metric as to why you're not ready.

I'm gonna take the opposite stance - if you're in a LTR with a girl who loves you and you have the power in the relationship, you're accelerating much faster. You'll learn how to navigate women emotionally on a level most guys never ever will from just hookups.

Most guys who are good looking and learn RP plate girls and have intimacy issues/whatever so when one comes along they like, they have no idea how to proceed into the talking stage. In which scenario, yes it will be nice to have certain experience under your belt.

But this reads a little bit like "entry level position, needs 3-5 years experience."

As long as you're not a simp for your gf, and you'll get bonus EXP if you're testing relationships amorally and don't mind having extra-relationship affairs - that's how you truly learn abundance.

You fuck other girls all day and have your main girl(s) who you spend LTR time with. Add more to the rotation or scale back depending on your needs and how much free time you have. But juggling relationships vs juggling plates are two totally different leagues in terms of learning women and "control" game, in your words. Like ncaa vs NFL.

But basically how to navigate their thoughts and emotional structure and set up a frame where you're the prize and they're happy that it is that way. And these constant institutions of an abundance of girls treating you like the prize will internalize into your psyche.

TL:DR don't be afraid of an LTR. Ideally you're not a Pussy who is afraid to fuck on the side.

get into multiple non monogamous LTR's for max learning.

BasilevsNihili • 3 points • 6 April, 2021 10:53 AM

if you're in a LTR with a girl who loves you and you have the power in the relationship, you're accelerating much faster

Basically, get straight to the point. In tech there's a lot of 'you need to learn X before Y' on the internet, when X has nothing to do with Y. But because it's vaguely tangent, people set it up as requirement. If you want X, go straight for it. You can go for Y and have a wider understanding, but still, X and Y are independent subjects.

TheStarSwordsman14 • 2 points • 6 April, 2021 01:56 PM

get into multiple non monogamous LTR's for max learning.

This is the way to go. You get the best of both worlds.

Protocol_Apollo[S] • 1 point • 6 April, 2021 10:56 AM

tell you some objective metric

I implied almost the complete opposite within my post and other comments.

get into multiple monogamous LTRs.

So basically FWBs/plate theory which is what I said.

You and I agree with each other.

Zeeblackbaron • 6 points • 6 April, 2021 12:29 AM

I'd bump those numbers up to 35. Most guys under that age are still manchildren when it comes to LTRs

Protocol_Apollo[S] • 9 points • 6 April, 2021 12:52 AM*

. Most guys under that age are still manchildren when it comes to LTRs

Probably agree.

But it doesn't matter since it's all arbitrary. There's no hardcore proof the right answer is 15 or 25 or even 35.

35 might be a bit late since by that time guys may want kids and having had no ltr experience may not be helpful or maybe it isn't late at all.

Zeeblackbaron • 8 points • 6 April, 2021 12:59 AM

It isn't late. In today's world where Western economies are slowly collapsing, Western men are gradually acting more like children at increasingly older ages. Men used to act like men at 18, then started acting like men at 25, and now its 35. Eventually it'll be 45

Also they should wait out on having kids. A single child costs \$500,000-1 million to raise from age 0-22 when you factor all the costs. Also we're not women who have a limited shelf life in terms of fertility.

We can father kids into our 50s

Protocol_Apollo[S] • 6 points • 6 April, 2021 11:24 AM*

> A single child costs \$500,000-1 million to raise from age 0-22

That's just neoliberal metropolitan city-dwelling universalism.

<https://ifunny.co/picture/we-just-cant-afford-kids-right-now-soyman-cant-see-GyB7nNjF8>

IrishSkip • 3 points • 6 April, 2021 10:12 AM

"Men used to act like men at 18, then started **acting like men at 25, and now its 35**. Eventually it'll be 45. Also they should wait out on having kids. A single child **costs \$500,000-1 million to raise** from age 0-22 when you factor all the costs."

How did we ever make it through 200,000 years of evolution.....

daproest1 • 5 points • 6 April, 2021 01:39 AM

I'm 33. Feels late af. Just because it's harder for us to grow up now doesn't mean it's any easier later. Biology doesn't care. U start to feel it up here

99Fuzzy • 4 points • 6 April, 2021 04:59 AM

Also be sure you look for it in the right place. You can't be considering LTR with girls you've met in clubs/on tinder, etc, you'd just be up for disappointment.

Protocol_Apollo[S] • 6 points • 6 April, 2021 11:35 AM*

you'd just be up for disappointment

Well yes and no.

If you are looking for ltr material from tinder, you are gonna have a bad time.

But I assume you'd be disappointed because you APPOINTED a girl to be something then later finding out she didn't match whatever expectation you had.

Don't appoint/expect them to be anything. Expect nothing of them.

Then let them prove themselves to you.

Girls have no control whether you are sex worthy. That's why they can't expect anything from you, you instead have to show it to them.

You have no control whether she is LTR worthy. That's why you can't expect anything from them, they instead have to show it to you.

pokesterx • 2 points • 6 April, 2021 02:02 PM

I have seen and experienced people being in an LTR. Sometimes I still wonder whether redpill is still relevant in this day and age. Guys I've seen in LTR are so manipulative they are able to manipulate a girl into giving them sex/money/attention/help and cheat on the side all while the girl refuses to leave. In the end the guy just moves on to the next girl while leaving the girl used and damaged. This cannot be found in hookups where the girl doesn't have any emotional connection. Definitely still trying to find the right balance here.

ChrimsonChin988 • 2 points • 6 April, 2021 08:07 PM

You can try to follow your guidelines but it's necessary to fuck up a LTR I think, there's no getting around it. Just make sure you don't make the same mistake twice or thrice; come back here and learn. The first few times you read material on here you will miss the best stuff anyway.

blasted_biscuits • 2 points • 9 April, 2021 04:28 PM

You no longer get to say "she's not mine, it's just my turn".

Disagree. Even if you've been together for ten years, she's still not yours and it's just your turn. Remember that AWALT and she could leave you at the drop of a hat anytime.

drakehfh • 2 points • 9 April, 2021 08:20 PM

I disagree with this post. You might not be ready for a VERY SUCCESSFUL LTR yet, but you should definitely get in one asap.

It will redpill you pretty fucking fast. Most of the frame I have today, I received from the experience with LTRs.

meerita • 2 points • 6 April, 2021 11:57 AM

LTR for me is max 10 pump and dumps sessions. I will never gift them my life for anything.

DonuInitial • 1 point • 6 April, 2021 12:37 PM

What about a little version of you?

meerita • 1 point • 6 April, 2021 01:37 PM

I'm not understanding what do you mean

meerita • 0 points • 6 April, 2021 03:58 PM

You don't need a ltr. You just need to subrogate pregnancy and you will have plenty of kids

MattyAnon • 1 point • 6 April, 2021 10:43 AM

25/25/25

I was sceptical, but these are good rules.

LTR

Why even bother with an exclusive LTR, it's just not necessary these days.

Protocol_Apollo[S] • 1 point • 6 April, 2021 07:42 PM

I was sceptical, but these are good rules.

When I write, I'm always right ☐

why even bother with an exclusive LTR

Hmm that's an interesting question. I'm probably somewhere on your wavelength too.

[deleted] 6 April, 2021 02:12 AM

[deleted]

CAPireland • 1 point • 6 April, 2021 12:50 PM

Love this! 25,25,25 is a good little philosophy. Nicely put sir.

oooKenshiooo • 1 point • 6 April, 2021 11:36 PM

I second this post with a few addendums.

I think teenage years or even college may be a good time to have a temporary LTR - I actually call those MTRs (mid term relationships) because they usually last 1 or 2 years. Best experience IMO is a steady girlfriend from about 15 to highschool graduation which then ends in an amicable no fault breakup due to different colleges.

There is a few relationship skills one needs to gain and these are best gained when young - and experiencing a break up is the best way to lose your fear of breakups. Also, having regular access to sex via girlfriend is healthy for young people.

By your early to mid twenties one should have figured out how to be a part of the casual sex scene and how to get laid easily, so one can focus on using all the youthful energy to advance ones career.

I'd probably turn the rule of 25s into a rule of 30s though, because as a man your personality changes a lot until you are thirty and you would not want to stifle that change by committing to another human being too early.

Protocol_Apollo[S] • 1 point • 7 April, 2021 05:43 AM

I think teenage years or even college may be a good time to have a temporary LTR - I actually call those MTRs (mid term relationships) because they usually last 1 or 2 years. Best experience IMO is a steady girlfriend from about 15 to highschool graduation which then ends in an amicable no fault breakup due to different colleges.

There is a few relationship skills one needs to gain and these are best gained when young - and experiencing a break up is the best way to lose your fear of breakups. Also, having regular access to sex via girlfriend is healthy for young people.

Yeh this I can agree with.

Snowpeartea • 1 point • 8 April, 2021 03:34 PM

I am 30 and have n count of 10 and this post really connected with me. A bunch of failed relationships and failed to keep plates/Fwb from breaking. I think the 25 n count is a good guideline/bench mark. I consciously tell myself to have abundance mindset but is hard to internalize until you grasp the ability of getting girls consistently.

Since I am conscious about my decision, I don't appear as needy and desperate, but is definitely not natural. is actually quite hard for me to soft next or hard next since I don't actually have abundance and I get jealous when she's with other guys instead of having real outcome dependence I have to fake the part like I am indifferent.

Thank you for the post, I really like the point about reading quality post at different stages of your journey. One can get a different perspective and connect the dots more clearly. This one really connected the dots for me. So once again, thank you for that.

Power-Parking • 1 point • 26 April, 2021 12:08 PM

"I get jealous when she's with other guys" "I dont appear as needy and desperate"

Walking away is hard, but when you do it for the right reasons it becomes easier.

Walk away to preserve your dignity. Dignity is a respect for yourself and others. If it hurts to see her with other guys, then you are not respecting yourself and should remove yourself from that situation. She does not respect you either.

SilentBeast1001 • 1 point • 8 April, 2021 04:14 PM

Damnit my N count is high, directions unclear. got back with my Ex or my first true love after trping for 2 years. She was alpha widowed (by me) and struggled with bipolar disorder. I was lucky enough to be a naturalist...80 percent came from my step dad marrying my crazy mom. And seeing how he just dgaf when she acted out and treated her with indifference even when married. To be in ANY LTR your mental fortitude has to be A1. That being said we are in fact human and you will have a bad day/days. It's is during this times to maintain FRAME or one day you will wake up and she will say I'm just not feeling it anymore. You can infact repair small minor damages by using what you learn from here and bringing her out in public and showing her you are in fact a chad/brad whilst occasionally testing her to make sure she is a Stacy. But nonetheless you will make mistakes like I did the first time around. I know most people on here say women don't mean what they say which for 95% of nonltrs remains true. But in an LTR it's okay to adherent to your partners needs/wants address them at the least, to change, that's up to you. If you do change don't change everything about you that makes you...you. If that makes sense. It is true once you internalized trp you no longer need this sub. I come here time to time to see the "boys" and to solidify that I'm not crazy that western society has and will continue to fail people like me and yourself. With all that being said although my X and I Are talking I haven't not given her the title. Which is murky waters because she is an investment to me because I do love her...everyone needs love...in some shape or form..but I'm in the prime of my life (25) she knows it and I know it....so why settle down and give up everything.

TLDR; Most relations are x and Y responses almost computational if you will. But LTRs are like integral and derivates that take a toolbox to solve and maintain. Back to work. Ama boys

jannuuu99 • 1 point • 22 May, 2021 08:33 AM

I am not a red piller per se, but with some adjustments, this is a reaaaally good life pro tip. I mean, young umexperienced fellas just screw up their relationships all the time, because they dont know what they are doing and over prioritize their girlfriends or potential gfs or just an idea of having one ☐

TheStarSwordsman14 • 0 points • 6 April, 2021 01:52 PM

I think if you want a LTR than you are really purple pill and not red pill.

I don't get why anyone who is red pill would want a committed relationship. My guess is that they are control freaks and just don't want the woman to sleep with anyone else.

If you have dated for a while and absolutely hate it I get it. But there really is nothing special about a LTR.