

Many of you don't know what "Frame" is

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Comments

zino193 • 136 points • 6 July, 2021 04:35 PM*

Yes, but frame is not only verbal. It's - for a lack of a better term - energy. Defaulting to verbal terms implicitly is forcing a frame of superior to inferior. Unless she is a follower - that is not a ideal set up.

Women - and some men - can feel the metadata of a interaction they are in:

Who the participants are?

What is their familiarity?

What do they want from each other and how bad they want it?

What is the direction of the interaction and what are the barriers to it?

That is the frame. And it's mostly implicit based on the gaps in a interaction - what isn't being said - rather than what is being said. Think of the meme about dick size.

Woman says: I bet you have a small dick (she isn't avoiding the sex topic and isn't going along with the casual polite conversation)

Man that responds: wanna see (he isn't participating in the sex topic with her, but against her - he is confronting a woman - he either thinks he is at her level - or he thinks he is superior in which case he is the type to fight with women/the inferior which makes him dangerous. Confrontations with women ARE NEVER a win. They are babies - you can at most be the stronger baby)

Man that agrees and amplifies (He isn't taking it personal, or trying to prove it - he didn't say concrete things because of the implication she will see it anyway - regardless of it's size - ALL opportunities of convincing a woman that you turn down or ignore are huge frame control moves)

The frame - the meta data of the interaction is implied by what isn't done, what isn't said. Because frame is social calibration, leading, following. A implicit dance between 2 people's will. What is said is utterly irrelevant. And more often than not - actually focusing on the substance or topic implies that you aren't socially calibrated and "emotionally there". Failure to read the frame makes women think you are either a chump - or not "reading her". Women talk to be read, not listened.

Always ask yourself - what does she think this says about her - when you are lost. Hell - it's actually a great frame break to ask that very question. And see her lost - processing, trying to figure out if her expectation of the frame was wrong, what relationship dynamics she is in - and the magical: "Who are you?" The ultimate sign that she wasn't able to figure you out, and she has accepted her role as follower in the dynamic.

Verbal abilities are relatively recent. Social abilities are ancient. So trying to solve a challenge of the later with a solution developed more recently in human evolution, is going to be tricky. (for you linguistic nerds - this is the reason cool guys talk differently - they need to literally create language that doesn't have supplicant connotations - arabic speakers FTW, RIP indian or japanesse verbose bros + why the fight over language is just a shit test and about implicit default frame control)

My suggestion - do pickup in a country where nobody understands you and you can't understand words. It will force you to rely on honest signals. Like she isn't leaving. She is still smiling. She isn't moving your hand away. It's genuinely difficult and counter-intuitive - until you get it. But once you do - when you really do - you realize that women vibe off who you are, what you feel and what you honestly and unapologetically want - rather than what you say, or what your big brain argument is.

redhawkes • 46 points • 6 July, 2021 10:03 PM

Great insight. This is why the phrase *'it's not what you say, it's how you say it'* is beaten to death here.

Once you understand that women communicate covertly and it's not about the content, but context, it's like you've been reading the book upside down the whole time.

ferbje • 6 points • 7 July, 2021 10:29 AM

So when you say this, how do your actions change in an interaction. I can understand, or at least say that i understand that women care more about the context and not the content, but how does that actually change how I act. I feel like i would just default to trying to say different things, which is like the opposite of the whole post here

redhawkes • 16 points • 7 July, 2021 11:41 AM

Simple, body language. It's your vibe behind the interaction. You can say the most retarded thing, but if you have the right delivery, they'll pee their panties laughing.

Think Amused Mastery.

BigBoiBahmani • 4 points • 19 July, 2021 12:53 AM

And tone. Tonality changes things hugely.

supremelummoX • 15 points • 6 July, 2021 08:49 PM

I need more of this please

zino193 • 8 points • 8 July, 2021 05:49 AM

Go out and experiment stuff man. Be your own guru. I genuinely think that a man should not be following other men that don't even know of his existence.

supremelummoX • 3 points • 8 July, 2021 06:52 AM

Will do and am already doing, but your comment really helps. Just wondering if there's a book or a blog where I can read more.

zino193 • 1 point • 8 July, 2021 08:00 AM

Why? Why read more instead of do and be the one with the knowledge?

Knowledge, is not the be all of things. The world inside your head is insignificant compared to the things you can encounter by just going out regularly on Friday nights

Whisper[S] • 28 points • 6 July, 2021 11:57 PM

metadata of a interaction

I like that metaphor. Clarifies what frame is with relatively few words.

cuphasol • 6 points • 11 July, 2021 11:50 AM

I had to read this a couple times and sit with it for a few minutes to get a grasp of what you're saying. It's clicking. Great post. I just cant help but wonder is there a way to explain this to a 5 year old?

zino193 • 13 points • 12 July, 2021 06:26 AM

I think 5 y/o get this at an instinctual level better. Only after being forced to socialize without our analytical brain - after we learn to behave and be uber aware of social consequence we inhibit our

natural responses.

Ever get self aware of driving, swimming or skydiving? that moment when you mentally connect with the actions your limbs are doing and it's like you forgot how to do something that was seamless a second before?

This is that. In regular (uncivilized) interactions you instantly get feedback from other's behaviors. As a kid, you feel the power of being awesome, and how girls look at you when doing something brave or skillful. You instantly know you want to touch them, and they instantly let you if you are deserving or not if you aren't.

Only as adults we try to sneak around and into panties. Only "self aware" women will entertain the dating game with a loser. Or play the prude to get more out of someone they might genuinely like.

I think our culture is the problem. Our "knowledge" of dating and relationship is fucked up. If you ever have the possibility I urge you to go to Japan and/or India to see just how arbitrary our "boys and girls can be friends", "marry for love" or "beauty is only skin deep" culture is.

cuphasol • 4 points • 12 July, 2021 10:58 AM

Thanks you for have the patience to break it down further. I have a better idea of what you're saying & im gonna test it out in the field

Barsik_The_CaT • 2 points • 7 July, 2021 02:47 AM

My suggestion - do pickup in a country where nobody understands you and you can't understand words. It will force you to rely on honest signals. Like she isn't leaving. She is still smiling. She isn't moving your hand away. It's genuinely difficult and counter-intuitive - until you get it

Do I really need to do this? My rule of thumb was to remove people like this from my life. I have enough on my plate to play charades with some asshole that did not learn to clearly express their mind.

RacerxCC • 14 points • 7 July, 2021 07:20 PM

I guess if you want to communicate in a 100% overt manner only you could try dating dudes.

zino193 • 2 points • 8 July, 2021 05:47 AM

It's your life man. You don't have to do anything. I would argue that if you feel "you have a lot on your plate" - maybe refocusing on something fun like pick up will let you re-evaluate how much effort you are sinking in your current focus and if that degree of specialization is worth it.

Beyond being comfortable - work is a sinking cost fallacy. Beyond benching a bro - they gym just wears your joints out.

wyclif • 1 point • 23 July, 2021 01:35 PM

"Beyond benching a bro"??? Sorry, I didn't quite get your meaning.

zino193 • 1 point • 24 July, 2021 06:24 AM

Just a joke. Kinda like the saying you get lean so girls notice you, you get swole but only your bros notice you? Kinda like that. You lift to bench a 80 lbs bunny - for the girls, but the real #brogoal #nohomo is to bench a 250 lbs gym bro.

wyclif • 1 point • 23 July, 2021 01:32 PM

I think you missed his point. He's not saying do it as a normative thing, he's saying it will improve your

game. These women can express their mind and probably want to express it to you, but can't because of the language barrier. This makes it easier for you to sense the signals that aren't conveyed by your arguments, but rather by your aura and frame.

StarWarsJunkie1 • 1 point • 23 July, 2021 07:03 PM*

Yes you really do. Dude you are not as smart as you think you are. If you have enough on your plate, perhaps you should deal with that before you try and foist in on someone else. Why is someone an asshole because they didn't learn? Sounds like part of your problem is that enormous ego you're carrying around.

peas8carrots • 2 points • 7 July, 2021 05:17 AM

"ALL opportunities of convincing a woman that you turn down or ignore are huge frame control moves"

May seem like a no brainer but can you expand on this a bit? I think this is a trap I fall for even whilst looking it right in the eye.

zino193 • 12 points • 8 July, 2021 05:44 AM

What car do you drive?

What do you do for a living?

How long can you last?

Do you know the bartender?

They are easy serves - where it's normal, socially acceptable to humble brag. However leaving it open ended - takes the state of value and moves it into the "unspoken area" - this bypasses the Female Dating Strategy analytical part of her brain that is interviewing and using a "High value man" checklist and goes into her lizard brain that just screams: this guy isn't on the scale I use for all my loser beta boys, i can't evaluate him - he must be evaluating me and I am failing!!!

peas8carrots • 2 points • 9 July, 2021 12:16 PM

OK interesting. I was thinking more along the lines of trying to convince her to do something, or to believe, you or to forgive you, or really anything other than just making a statement and then shutting up and letting it percolate.

zino193 • 8 points • 9 July, 2021 01:19 PM

That opens up a different discussion that is even more nuance and depends on the second by second temperature of the attraction, her temperament and your framing up until that point.

Let's call it compliance to move her to some place or convince her to do something. While believing you or forgiveness is more about investing in your frame.

Compliance is a given once she "bought" your frame, once she is operating: this is a cool guy and I am not losing if I am with him. This is a whole topic - and better to just search top posts on compliance and leading as the topic is very expansive.

Investing in your frame is basically a relationship benjaming franklyn effect. Once you are the light in her eyes, once she thinks she finally found a man that's worth her love and starts investing emotionally - it's harder for her to entertain bitch mode or silly man hating beliefs than to actually go along with what you say - be it in the abstract about feminism, politics, career points - or in the personal - you cheating, wanting a open relationship or not wanting to settle but insisting on keeping her. THis is also why it's very easy to hurt a woman that loves you and every woman that

ever loved is scared shitless of being "in love" with a superior man she craves, respects and wants. I think woujo has a very good guide on how to be that toxic man that women get hooooked on. In my experience is neglect. And it's not even intentional - I just really love my work. It's common for me to be 2-3 messages per day and then sink my teeth into a project then I fall off the radar for weeks. This makes the female hamster rabid. The better your relationship was at the start - the colder the drop off - seems to rock their world to such a degree that they regress into the perfect little angel that they were for their daddy.

Now this depends on temperament and her ability to attach to a partner. Some just fix that distress by shit talking you and getting railed by the next bartender they see. Others, despite loving you and being hooked emotionally, have the level head to realize you are an asshole that will hurt them a lot and stay away. Ironically, those are the women that you would want to stay with because they are self-aware and can self manage their life instead of being emotionally adrift based on their next dopamine kick.

On the making a statement and leaving her hamster to process it. It's a technique I see a lot of older gen X and boomers use - especially with barbies. It's very common among managers, photographers and people of status that professionally can't afford to be overt in their intent. I didn't grow up with a father. I didn't learn this "game". I prefer honest, brash, direct and unapologetic. So I am not in a position to advise on it. Seems to work on some women, does not work for me. I am the opposite of the silent type. Try it out, and experiment.

GoingForHundred • 2 points • 14 July, 2021 04:51 PM*

Brilliant comment. I read it three times due to the dense info.

Question: is "benjaming franklyn effect" a typo or intentional? I am aware of Old Ben's reputation with the ladies, but not sure if you had more in mind.

You make an astute observation about older Gen X and boomers, BTW. That alone makes me want to go out and confirm or not confirm. A guy can enjoy observing other men's methods and what works.... not to mimic but just to learn.

I just love teasing women and leading them down the path. The physical act is fine, but the journey is so much richer than skipping to the end chapter. It's sad so many guys are impatient to get to "business" and skip the middle 3/4 of the book. Their loss!

I will read Woujo – thanks.

zino193 • 2 points • 15 July, 2021 05:42 PM

benjaming franklyn effect

https://en.wikipedia.org/wiki/Ben_Franklin_effect it's a sunken cost fallacy variant

GoingForHundred • 2 points • 16 July, 2021 02:37 AM

Thank you for the link. I had forgotten that one from Dale Carnegie's book.

Redpill77 • 2 points • 2 November, 2021 09:57 PM

bro you need to write posts.

zino193 • 1 point • 3 November, 2021 07:24 AM

Not good at it, can't write for shit when I have to talk about stuff without a prompt.

Add to that my limited time and the fact that my grammar sucks and there you have it. I am just a mere commentator. I don't even have a Patreon.

CleanLength • 3 points • 8 July, 2021 11:12 PM

Reading posts in this sub is always such a challenge. We need a red-pill writing school or something. The punctuation and spelling in this comment are absolutely atrocious. If we're going to communicate primarily through writing, then we need to write appropriately. It's like wearing clown pants to a social gathering and trying to pick up women.

zino193 • 5 points • 9 July, 2021 04:23 AM

Not taking yourself too seriously is kinda essential to picking up women. Maybe it's a clown world and the rest of us see you sig-heiling wearing a patch of hair under your nose.

StarWarsJunkie1 • 1 point • 23 July, 2021 07:05 PM*

This is a wonderful solution that no one here will take seriously. Very few PUAs have the guts to leave their own country let alone incels and chronic complainers who expect everything handed to them.

You are not entitled to women, you must earn their attention.

Agree wholeheartedly about finding a woman who does not speak your language or does not present from your culture, those are two barriers to communication. Especially for young men who have little in the way of game or communication skill. But if you're just part of the pump and dump crew, you are better off staying in feminism land to stew in your own juices. Conservative women don't deserve your bs.

zino193 • 2 points • 24 July, 2021 06:31 AM

There are no conservative women. Actually if you are a PUA, a man that doesn't hide his dick, is upfront and honest - that is able to talk about sex openly and without shame or conservative life long expectations - conservative women will open up to you like a flower. Because a feminist in the west - gets all that sexual conversational tension 24/7. A woman in a conservative country only gets that from her rapist during the act. I am not shitting you - just have a regular unashamed conversation within a conservative culture about casual sex, about experimenting, about kink - threesomes, polyamory, bisexuality and she will get visibly turned on just because her brain is processing these concepts and there happens to be a man next to her- talking these topics without shame or judgement.

Don Juan, Casanova, Rasputin - hell most of chinese and european smutt cannon is based on the dual nature of female sexual behavior within a repressed conservative culture. ALL WOMEN ARE LIKE THAT. Conservative is the culture around sex, not the woman within the culture.

StarWarsJunkie1 • 1 point • 24 July, 2021 11:08 AM

I believe its now illegal to practice PUA in North America.

zino193 • 1 point • 24 July, 2021 03:33 PM

It's always been unpopular to be wierd and socially uncalibrated. Most "PUAs" are people that watched courses and have Asbergers. I am sorry, if you have a dead pan stare while saying a joke most people will think you are a serial killer and emotionally unstable.

It's just a natural reaction like with snakes or spiders, because when socially unstable strangers start making jokes with you - they are likely to cause you harm.

This comment helped me understand Frame back in the days.

It's a corollary to this post.

The term "frame" was borrowed by pickup artists from Neuro-Linguistic Programming (NLP). The original concept goes like this: even if there is a single objective reality currently happening (e.g. It's 68 degrees and I am sitting in a classroom with 25 people listening to a lecture about physics), each person has their own individual interpretation of this reality. Different people notice different details of what's going on. Each person has their own set of memories they compare their current situation to. Each person has a slightly different emotional reaction to what's going on. **The subjective interpretation of an objective reality is called "frame"**.

That is, everyone is looking at the same picture, but each person puts a different "frame" around it.

So frame is your interpretation of reality. The interesting thing is, when you're in a group of people you can draw others out of their reality and into yours. Whoever has the strongest frame wins.

Have you ever heard of those people who just waltzed past security and got backstage just because they acted like they belonged? Because they acted like they belonged there everyone else believed that they were supposed to be there and just let them through. That's maintaining frame.

If you wear a silly hat and think, "Man, this hat is ridiculous and makes me look stupid," then other people will think you're a loser with a stupid hat. But if you wear a ridiculous hat and think, "This hat is unique and the epitome of cool," then other people will be drawn into your reality and assume you're cool. (This is what Mystery is famous for.)

If you approach a popular kid (or hot girl) with the mindset "This person is way above me and probably has no interest in talking to me" then she will be drawn into that reality you created and think that you're a loser. If you instead approach with the mindset "I'm a cool person with interesting things to say and I don't give a fuck what anybody thinks about me" then they will be drawn into that reality and think you're a cool person. That's maintaining frame.

You have created a reality where being 16 and short is a bad thing and means your not good enough. This reality gets projected outward in your body language, tone of voice, and word choice. Other people then accept the reality that you're short and not good enough. If you instead cultivate a reality (or frame) where you're a badass regardless of your height, people will fall into that reality and accept it as true. This is where being cocky and *agree and amplify* help.

TheRedPillRipper • 7 points • 7 July, 2021 02:03 PM*

frame is your interpretation of reality

I similarly took my definition of Frame from NLP, though prefer simplification. **Simply defined Frame is one's world view.** Further more *holding Frame* is simply successfully sharing one's views. Not necessarily for others to accept; but *understand*. From there it's a logical progression deeper into your Frame.

For example let's take OP's analogy that;

All women are inherently submissive.

Our Frame is that women, in our view are inherently submissive. We share that view. Before there's even push back, *the person we're interacting with is operating in our Frame*. As they're *trying to understand our view*. Even if it's to oppose it. Similarly it's why A&A and Amused Mastery are so effective. Both techniques aren't trying to understand others. Which leave's them no choice, but to try and understand us.

In TRP terms it's simple again. For example you see a hottie. Your view is sex with her, is a good idea. You share that view. Before she even thinks of rejecting you; *she's thinking of you*. From there if you've got *good game*; you increase your chances.

The most pertinent point OP made was to;

Think about a "frame". Not metaphorically. Literally.

I liken my Frame to a window. The more knowledge/information/experience you gain; the broader you make your window; to the world around you. The broader the window; the more you can *see*; and the *better informed* your choices will be. For example pre-TRP your views on sex, women and relationships might've been narrow. Post-TRP it's a different story. Gaming hotties is easier. Expressing views on women's submissiveness too. The *more you learned*; the easier it became to make solid choices. To interact. To better express your views and be *understood*.

It's a fascinating topic. One deliberated often. Ultimately though whatever language you use; whatever *Framework* you apply is just another tool. To what end? Is entirely your choice.

Godspeed and good luck!

trplurker • 5 points • 8 July, 2021 01:43 PM

For TRP "Frame" is shorthand for "Framework" and refers to the rules and nature of a social interaction. This is something we used to talk about all the time, how a girl can be a total bitch to one dude but then putty / slutty to another guy a few minutes later. How some guys seem to "get away" with saying almost anything, while others get hammered for the slightest attempt at sexual humor. It is because each interaction has it's own set of rules, sexy dominate dude gets to slap slutty girl on the ass while nerdy apprehensive dude has to go bring them beers.

This all lead to the realization that while women have the innate super human like ability to sense and manipulate social frameworks, dudes can learn to set and maintain those frameworks. It's what we call "holding frame", and a practiced skill used against shit tests. What you guys are thinking of is "inner frame" or the framework that you use to interact with yourself mentally, and that's a whole different conversation. Frame control comes from inner frame, but they are not the same thing and shouldn't be confused with each other.

Whisper[S] • 58 points • 6 July, 2021 03:33 PM

Frame control also isn't relevant only to getting laid.

The other day I found myself in conversation with a good friend of mine, whom we shall call Matthew for the purposes of this story. He is moving, with his wife and children, to $\{\text{redstate}\}$, on account of being sick of the bullshit. While he sees this is a good move overall, he expressed fears to me that he would not find a social group for discussions of sophisticated topics that he likes, such as machine learning and so on.

I started out by telling him there are smart people everywhere, and the idea that red-staters are a bunch of hayseeds is just ignorant liberal bullshit. And while he acknowledged that I was right, operating within his frame wasn't actually producing results that he found very reassuring.

So I changed the frame. Instead of talking about "how to find X", I reframed the topic:

"Mat, " I said "tell me something. What is it you *get*, not intellectually, but in terms of goals and motivations, out of these types of interactions?"

I pointed out that WE, in fact, didn't talk about machine learning much... that afternoon we had mostly talked about red pill stuff, and how to cook the ideal steak. That what he was, in fact, looking for, was what he gets out

of a certain type of interaction, and that before he can figure out how to get it from somewhere else, he needs to understand what it is.

Suffice to say this helped him become unstuck. His assumption that he would have to fill his needs in the exact same way he always had... had been *baked into the conversation*. It was part of the frame. To get him to think about other ways to live, I had to change the frame.

Gardor_ • 6 points • 6 July, 2021 08:20 PM

This is just a definition point I am making however I think what you actually mean is his personal narrative.. You might call this frame too if you wanted to, but it has nothing to do with the conversation itself. The way I see it, frame is the narrative of the social interaction and specifically the defining of barriers to it.

Narrative is similar to frame in the sense that both are self perpetuating, however its more about his personal notions of reality, himself and his behaviour patterns within.

zino193 • -3 points • 6 July, 2021 04:16 PM

That's the middle class: be a good smart boy and people will like you frame.

He is looking for acceptance and validation - and he was told only being a smarty pants he can get that as a man-boy.

Good luck telling a man that bitter pill to swallow. I tried and tried and tried - best way to change a dude is reinforcing literally anything that isn't intellectual about him.

Whisper[S] • 33 points • 6 July, 2021 05:01 PM

And whose acceptance and validation are *you* looking for? Mine? That of TRP in general?

Have you been taught here talking tough and calling someone you never met a "man-boy" will allow you to be perceived as more manly?

Playing "who is the smartest?" is indeed a popular game among coastal-city-dwelling liberals. This is easy to notice. What fewer people notice is that there are many, many games of this form, simply with the adjective replaced. These games can, and indeed *will*, be found in every group of people.

The trick is spotting the game, and knowing when and when not to play it.

FieldLine • 13 points • 6 July, 2021 08:57 PM

Playing "who is the smartest?" is indeed a popular game among coastal-city-dwelling liberals. This is easy to notice. What fewer people notice is that there are many, many games of this form, simply with the adjective replaced. These games can, and indeed will, be found in every group of people.

The trick is spotting the game, and knowing when and when not to play it.

To flesh this out, opting not to play the game isn't simply checking out of the interaction. If you learn to operate on this meta-level, you can use the knowledge to control the frame, as in the flavor of this thread.

Concretely, when some egotistical MIT grad comes at you with his credentials, clearly trying to score points for being wicked smaht, rather than bust out *your* credentials if you have them, you can quickly shut him down by using A&A in the context of said smahts. "Oh yeah, I'm just a regular guy, I wish I was as smart as you." Point and laugh while looking around with an air of "get a load of this guy". Suddenly he is the outsider in the group.

Alternatively, if you actually need something from the guy, give him exactly what he wants: reassure

him that yes, you are an idiot and he is an absolute genius. In fact, he is so smart and you are so stupid relative to his brilliance that you need him to dumb things down for you so that you can understand. Strike a balance: don't be annoying about it or embarrass yourself in front of other people, but let him feel like the AMOG while being totally ignorant of the fact that he is completely in your frame. If you do this right, which takes some practice, he will view you as too simple and/or too likable to be a threat and will start freely sharing whatever information it is that you are after.

By far the most productive thing I do to get ahead at work and in my social circles is to ask people for advice, even when I have no intention of following it. People *love* to talk, and nothing endears them to you faster than appealing to their egos.

For all their education, which is admittedly stellar, Harvard and Stanford grads are awfully stupid. But let them think they are smarter than me. I'd rather swallow my ego and get results than sit in a circle and play bop the bologna.

The takeaway is that most people don't care about you or anything you say; they care about *how you make them feel*. Letting a customer feel like they are {adjective}-er than you is fine if it makes the sale. The trick is to know what that adjective is, which comes from asking *why* someone says something about themselves rather than simply considering whatever it is they are saying.

Whisper[S] • 14 points • 6 July, 2021 10:49 PM

when some egotistical MIT grad comes at you with his credentials, clearly trying to score points for being wicked smaht, rather than bust out your credentials if you have them, you can quickly shut him down by using A&A in the context of said smahts. "Oh yeah, I'm just a regular guy, I wish I was as smart as you."

This sort of thing is happening on a societal scale as well.

"ScienceTM" and Ivy League credentials are being used today in the way that the religious sects of the past used "JesusTM" as a sort of ultimate authority figure who says whatever its invoker wants, which cannot be questioned on pain of a charge of heresy.

If you don't want to go vegan, sell your cars, celebrate "Pride Month", verbally express shame over your heritage, cut your energy usage by half, nationalize the medical industry, inject yourself with hastily-tested recombinant mRNA to make your own body generate toxic spike proteins, consume ProductTM, or generally work to unravel western civilization... then you are deluged with indirect quotes from "experts" who are never available to answer your uncured questions.

Snoo29595 • 1 point • 7 July, 2021 11:24 PM

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credentials if you have them, you can quickly shut him down by using A&A in the context of said smahts. "Oh yeah, I'm just a regular guy, I wish I was as smart as you." Point and laugh while looking around with an air of "get a load of this guy". Suddenly he is the outsider in the group.

I wouldn't dismiss the guy so quickly like you did. They are smart people and well connected sometimes. Also your manner of doing it still makes you come off insecure. Why you care if someone is wicked smhat, or even smarter than you. If you are secure in your abilities it shouldn't

matter. Hopefully you are wicked smhat in some area too. Or maybe you have something in common like you both were abused and ended up doing janitorial work...anyway my point is don't be dismissive of people, that MIT guy could be a great asset in terms of connections and even hiring him or finding work through him.

FieldLine • 4 points • 9 July, 2021 06:11 PM*

They are smart people

You are missing the point: I am not convinced that an individual with an Ivy League tier education is smarter on average than someone who graduated from a state school.

Anecdotally I will acknowledge that MIT, Caltech, and a (very) few technical schools do provide a stellar education, but that simply indicates that a civil engineering graduate of MIT will design an excellent bridge. It says nothing about their critical thinking ability, nor does it translate to an ability to perform in other fields.

More generally, I don't believe that we have a way to assess general intelligence, where we define intelligence to be the ability to synthesize generic information quickly and efficiently into one's schema of the way the world works. And even if such a method does exist, it is certainly not the method used by the admissions committees. (I have thoughts on how the admissions process really works, but it is kind of off topic.)

Just consider that you are correlating a person's intelligence to what their standing was when they were 17 years old, likely living at home with whatever quality of life their parents could afford or were willing to provide. And not even their standing directly; rather, their standing when filtered through an admissions committee with opaque standards and who knows what agenda.

Don't you think that is a little bonkers? More specifically, don't you think it would be easy for some confounding factors to creep into your analysis when correlating alma mater to intelligence?

that MIT guy could be a great asset in terms of connections and even hiring him or finding work through him.

Knowing well connected people, especially the sort who like to toot their own horns, does not translate to finding a good job or connecting with other well connected people.

Also your manner of doing it still makes you come off insecure.

<https://i.kym-cdn.com/entries/icons/mobile/000/023/397/C-658VsXoAo3ovC.jpg>

zino193 • -2 points • 6 July, 2021 07:55 PM

Hmmm, good question. I would say my CEO - he has a history of venture investments with a lot of winning exits.

I think you misunderstand my intention - but yeah - overtly analytical men in matters of the hearth are man-boys. They overthink, because feeling is not comfortable and gets them in situations where they can't think of a solution.

Pissing contests are fun man - that's what boys do. The issue is when you try winning a calligraphy contest the same way. When You don't realize time with the boys and time with girls require different gears.

RedPillDad • 4 points • 7 July, 2021 03:05 AM

I think of frame as a masculine version of stage presence. The average guy will give off a safe, boring friendship vibe. His energy baseline is low, his charisma is weak and his attitude skews towards the negative... He doesn't manage his frame effectively, and he doesn't self-correct or emotionally calibrate himself. In response to a woman's shit tests he'll supplicate or retaliate, neither of which demonstrate a strong frame.

__fulpp__ • 3 points • 6 July, 2021 04:26 PM

How do you deal with someone trying to steal the frame? When I read your post I get the idea that I'm mistaking shit tests for people challenging my attempts to set the frame. Are there any analogues to A&A, pressure flip etc. for maintaining the frame in the face of a challenge?

You can't force someone into your frame, ECs used to say you invite them in. Which implies it's the same type of situation as desire & respect: you can't negotiate them.

After writing this I think I figured out why the first piece of advice we get around here is to stop giving a fuck, focus on numero uno and lift heavy weights.

Whisper[S] • 15 points • 7 July, 2021 05:36 AM

How do you deal with someone trying to steal the frame? When I read your post I get the idea that I'm mistaking shit tests for people challenging my attempts to set the frame. Are there any analogues to A&A, pressure flip etc. for maintaining the frame in the face of a challenge?

Here are some things that help:

Don't allow yourself to become distracted. If someone says something that tempts you to disagree, remember that if you agree *or* disagree, you are now talking about that thing.

Be willing to talk over others who try to interrupt you.

But *don't* hog the floor. By deliberately "passing the mic" and inviting others to speak, you establish yourself as the arbiter of the conversation.

Especially pass the mic to the shyest and timidest members of the group. This makes you appear as a fair and evenhanded leader.

Be willing to point out attempted evasions and stick to your point.

Don't be drawn into arguments. Remember that you don't need anyone's permission to disagree, nor do you need to justify your disagreement with anything. You don't *have* to support your position.

Be willing to walk away, literally or figuratively, from an interaction.

Don't try to prevent awkward moments. Just act comfortable in them, and let others be the ones who feel awkward and try to smooth things over.

Make allies of others with strong personal presence and frame control skills by backing their plays as they back yours. A strong man can be a daunting opponent... or the other half of an unstoppable team.

Protocol_Apollo • 5 points • 6 July, 2021 04:43 PM

Yeh , I see too many guys using the word “frame” frivolously, treating it like a platitude.

I'd also contend a part of frame is how you see yourself, how you come to an interaction before it begins. u/Metalgear222 had a great post on this.

Might drop a post on game after this. I see guys treat “game” in a similar way too.

[deleted] • 4 points • 6 July, 2021 04:42 PM

To me Frame = know what you want in life and unapologetically work towards it. Don't fall into people's shit tests, and honestly don't care what other people think of you.

“The art of not giving a fuck” is a good read for this.

bouncypoo • 3 points • 13 July, 2021 02:58 AM

Underrated comment this all you need , most dude focus too much on women. If she leaves so what if she leaves so what. But if you lose; yourself, your process in life, money , goals, ambition... that's all you have . That is you focus on your own life and she should follow .

LowCredit • 1 point • 6 July, 2021 11:27 PM

My feeling about Frame is Nomos. I make the rules of all interactions. If you abide by my rules, then you can continue playing. If not, you can play somewhere else. We can discuss the rules, but you can't wantonly violate them without firm and immediate consequence.

KanDeMan2 • 0 points • 12 July, 2021 10:27 AM

What in the hell is this?

I tell you what Frame is not....tit for tat which is what this article is about....

For you young guys....when someone says or does something that offends you....man or woman.....Laugh and turn your back on them.....That's all the frame you need.

[deleted] 6 July, 2021 04:50 PM

[permanently deleted]

__fulpp__ • 1 point • 6 July, 2021 06:22 PM

Cut out the middle man and get a few sugar babies with your business gains.

PabloEscalera1 points 6 July, 2021 06:37 PM [recovered]

Being confidently successful and that means being good in say business, or be a player.

Orrr just do both instead of depending on tricking

deblob123456789 • 1 point • 6 July, 2021 09:03 PM

Question, wouldn't it be a problem to your « reputation » in that social circle if the conversation ends with the « omg hes a misogynist !!! » in her head ?

trplurker • 1 point • 8 July, 2021 02:25 PM

Whisper is correct, the term frame that TRP uses is short for framework and refers to the unspoken rules of any social interaction.

Frame is why sexy hot Chad can slap slutty Suzy's ass while making a sexual joke but nerdy Ned will get shamed and called a sexual predator if he does the exact same thing.

Aesthetic_God__ • 1 point • 15 July, 2021 08:42 AM

Tells us what it is since you know it all mate.

INNASKILLZ2K18 • 1 point • 21 July, 2021 09:58 AM

This was actually very helpful.

Of course, guys will want to focus on macro idea of frame, being your world view, beliefs, values etc etc. However, this is a practical and accessible take on controlling conversation and interaction.

Always be aware of the conversation. Know what you do want to talk about, and what you don't. Know your intention, objective, boundaries and stay the fuck out of conversations which don't serve you. As someone has said, never engage in conversation where her objective is to make you justify, argue or defend yourself.

She is not your equal, she is not on your level. Amused Mastery your way out of that shit quick.

TheBunk_TB • -7 points • 6 July, 2021 04:47 PM

Frame? As in what another criminal did to me? Or what houses are built from?