

# In Portugal the quality of the Covid vaccine you get depends on your gender.

July 12, 2021 | 1117 upvotes | by [TheSpaceDuck](#)

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The vaccination of people under 50 against Covid-19 in Portugal created a massive gender divide in the whole vaccination process. Portugal announced that men in the 18-50 age group [would be getting the J&J \(Janssen\) vaccine while women would get only Pfizer and Moderna vaccines](#). AstraZeneca vaccine is not given to that age group regardless of gender.

For those not acquainted with the different Covid vaccines, Pfizer and Moderna vaccines have a [95%](#) and [94.1%](#) effectiveness respectively and nearly 100% effectiveness at preventing death or serious illness. Janssen vaccine on the other hand has [66% effectiveness in preventing moderate to severe disease](#). The excuse given for the gender segregation was that most cases of blood clots from Janssen vaccine occurred in women. However the truth is cases were extremely rare on both genders and the European Medicines Agency has recommended it for both genders within that age group. Portugal chose not to follow that recommendation.

It gets worse, however. Currently [90% of infections](#) in Portugal come from the Delta variant. While Pfizer and Moderna vaccines (and most two-dose vaccines) have been proven to have [very high efficacy](#) against this variant, Janssen vaccine is thought to have little to no efficacy against it, similar to single shots of the remaining vaccines. This is concerning to the point that in the US [there are already Pfizer/Moderna booster shots being administered](#) to people who took the Janssen vaccine due to the Delta variant. Men in Portugal are being given a vaccine that offers little to no protection to the variant we have, and the government is aware of that.

Officially men in Portugal **can** be given the Janssen vaccine, but there is no official "men get this, women get that" rule. However such rule remains in practice in vaccination centers nonetheless.

Today I went to have my vaccine. I asked which one they were giving and of course it was Janssen. I asked whether they could give any of the others as this was the only vaccine I wasn't comfortable in getting. Staff consulted with each other (all female staff) and afterwards with the nurse and claimed it was impossible, that they only had Janssen vaccine. This is of course a lie since there were plenty of women in my age group getting the vaccine there and currently women in this age group **cannot** be given Janssen vaccine at all unless they volunteer themselves. This means a vaccination centre that is accepting women cannot have the Janssen vaccine exclusively. In other words their response shows a de facto rule that men are given only Janssen vaccine is being enforced.

Quoting the official announcement, *"this single-dose vaccine may also be administered to women aged 50 years or below "who wish to do so, if duly informed, on a basis of weighing the benefits and risks", provided they express their "free and informed consent"*. Once again, "free and informed consent" is a right men do not have as is the case in many other matters.

This comes added to the fact that men are very disproportionately killed by Covid-19, with a current mortality of 2.1% (9.016 deaths among 415.709 infected) compared to women's 1.6% mortality (8.148 deaths among 493.506 infected). It's no surprise that men are considered disposable in Portugal as is usually the rule everywhere else. In fact, when the number of workplace accidents went from 78% male to 69% male the national worker's union (CGTP) presented it as an "aggravation of the gender inequality in work accidents" ([Source in Portuguese](#)), since male lives don't really matter.

Both the minister of health and the director of DGS (the authority that decides which vaccines are to be

used, who they're administered to, etc.) are women.

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Archived from [theredarchive.com](http://theredarchive.com)

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## Comments

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goodmod[M] [score hidden] 13 July, 2021 01:00 AM\* stickied comment

The topic of discrimination in health services is appropriate for this subreddit.

**Back-and-forth arguments about whether or not covid vaccines should be taken are off-topic and may be removed.**

Such discussions should be held on a relevant health subreddit.

Rambo\_kevonx • 133 points • 12 July, 2021 05:12 PM

I did not know, thanks for the info.

reddut\_gang • 110 points • 12 July, 2021 07:06 PM

Add another one to the ever growing list

Linkcraft\_99 • 73 points • 12 July, 2021 08:04 PM

Men in Portugal: Guess I'll just die \_(')/\_

SageBus • 28 points • 13 July, 2021 01:19 AM

| Guess I'll just die \_(')/\_

You've dropped a \ and a couple of \_ . I got them here here for you.

There we go \\_('\_)/\_ much better now.

funkynotorious • 191 points • 12 July, 2021 07:19 PMlocked comment

It's high time men need to organise. No more lone wolf mentality.

Ok-Kaleidoscope1778 • 60 points • 12 July, 2021 11:50 PM

Let's organize please! Hit me up!

Ok-Kaleidoscope1778 • 2 points • 15 July, 2021 10:31 AM

58 upvotes. 0 people made contact to actually start taking action. This is why we aren't heard.

CorneredSponge • 2 points • 17 July, 2021 03:05 AM

Does r/MR have a discord?

JackieNaper1907 • 3 points • 23 October, 2021 10:53 AM

yes!!! it's the men are human one. I'm a mod there

ZangryGrapes • 2 points • 5 November, 2021 07:28 PM

send the link

Men-Are-Human • 1 point • 6 November, 2021 04:36 PM

Just saw this thread and noticed nobody did. Here you go:

<https://discord.gg/MZVwvq7>

Ok-Kaleidoscope1778 • 2 points • 17 July, 2021 12:03 PM

If we don't we need to make one!

Men-Are-Human • 1 point • 6 November, 2021 04:35 PM

I'm a mod there Here you go!

<https://discord.gg/MZVwvq7>

[deleted] 13 July, 2021 12:07 AMlocked comment

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[deleted] 13 July, 2021 12:26 AMlocked comment

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[deleted] 13 July, 2021 12:33 AMlocked comment

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XLandonSkywolfX • 52 points • 13 July, 2021 01:43 AM

Classic case of "men are disposable" syndrome.

jazzcomplete • 15 points • 13 July, 2021 05:27 AM

Yep, males lives are not classed as valuable.

Lethal\_Ledgend • 44 points • 13 July, 2021 02:26 AM

Covid has killed more men than women but they give men the less effective vaccine? Misandristic fuckery I say.

AG\_N • 26 points • 13 July, 2021 03:13 AM

Men should seriously stop working in labour and go on strike until we get a better treatment

YesAmAThrowaway • 106 points • 12 July, 2021 08:38 PM

So basically: men at highest risk of covid, women most affected and thus most protected because yay sexism and male disposability enforced on a national level. This is all part of our government's preparations for the eventual global policy of Total Fucking Dead People and Bullshit as soon as the rich have made you so poor that you're little more than mindless slaves in front of your consumption devices. **smile**

[deleted] • -32 points • 12 July, 2021 11:59 PM

Capitalism is ruining the world. Then feminists blame men. Racists blame the other coloured humans and the ones who wear funny clothes. The rich blame the lazy and the poor and the poor blame the other poor. All to distract us from the real truth. Even the left in America is just a big individualistic, vain, ego boosting, feel good, virtue signalling bullshit. Both parties are two sides of the same coin.

masonmason22 • 11 points • 13 July, 2021 04:12 AM

I fully agree that gender and race issues are used as a distraction from class warfare.

[deleted] • 0 points • 13 July, 2021 07:58 AM

So why are you being upvoted and I am being downvoted lmao. People are so turned off to the truth that at any sort of hint of reality they turn feral because its not the Disney picture people have in their heads

masonmason22 • 2 points • 13 July, 2021 08:25 AM

Upvotes and downvotes are insane. Don't take them too seriously. But at least you know there are others that agree with you, that's the main reason why I commented.

Soda\_BoBomb • 17 points • 13 July, 2021 01:21 AM

Capitalism bad rofl.

You should be in the Olympics

[deleted] • -18 points • 13 July, 2021 01:34 AM

Well that's what it is. What do you think is the root of men's issues?

Soda\_BoBomb • 23 points • 13 July, 2021 01:35 AM

Certainly not capitalism considering many of the societal attitudes towards men have beginnings well before capitalism existed.

[deleted] • -14 points • 13 July, 2021 01:52 AM

That was feudalism before capitalism an even worse garbage system. Capitalism is still garbage. It has been and always has been. Wealth inequality in America just passed the gilded age. If you don't get the scope of the damage capitalism is doing do some research. Global warming, ocean acidification, corruption wealth inequality. Bezos has more money than Serbia. The fucking country Serbia.

Men are and always have been devalued because throughout history we have had constant class warfare and men tend to be treated the worse. I would rather be a house slave than dying in the mines or in a gladiator fight against wild animals like lions and elephants.

We have always made other men do our dirty work because we control them with wealth. It has to stop. It is fucking bullshit. The economy isn't some wild beast we struggle to understand. The rich manipulate it all the time. They make our living conditions worse so we have to work. Men bear the brunt of the horrific working conditions we are forced to suffer for their opulence. How many men are lured into killing for the US army simply because they the army recruiters prey on disadvantaged children. They love the poor and abused kids because you can control them with a small opportunity for gain even if they have to do awful things.

The economy is all fabricated. You think a stable system has a major crash every couple of years. Rent prices in some places are getting so much that the people are protesting.

Americans claim freedom but what they mean is freedom to steal. But be very careful from who you steal. If its from someone who can fight back do it. If it's from someone with money do not. Have you not seen the stories of police being violent all around the world for no good fucking reason these people are all protected.

The state is tyrannical because the wealthy have influence from their wealth and they can use this disproportionate influence to create even more wealth through nefarious means.

Fuck capitalism. I can't see why anyone would like a system that leaves hundreds of millions of children hungry every night when we can fund space expeditions at will. Look at Cuba by a lot of metrics better than the UK and the US. I am from the UK and hate it here. Its a dystopia tbh. Blatant corruption and bureauracy everywhere. No safety nets at all for young men. I just have more support taken away for failing due to lack of support. I go to college and all I here is pick this career to get this specific job. So much talk about networking and not about learning. I hate it. I would rather learn all the time not have to work some fucking job to make rich even richer. Does Jeff bezos really need to go to space. When most people are wage slaves. Its pure greed in front of all of us and nobody cares.

goodmod • 10 points • 13 July, 2021 04:33 AM

Communist states have always forced men to do their dirty work. In World War II men were literally cannon fodder. Commissars would shoot them if they refused to advance into artillery and machine gun fire.

[deleted] • 0 points • 13 July, 2021 08:05 AM

What and capitalist countries didn't do this either. The British sent millions of young men in futile frontal assaults just to be shot in ww1. If they deserted or retreated they would be shot for cowardice. The japanese had kamikaze pilots who supposedly had a choice. They were given 3 options enthusiastic yes, yes or no. If they picked no they were told to pick again.

Even if they didn't do it they would be socially ostracised because of honor culture and a lot of them killed themselves anyway due to shame. 2500 kamikaze pilots killed themselves for nothing. The nazis used slave labour and they were heavily corporatist like half the fucking so called capitalists today. Why do so called "communist" States get called out for brutality when they aren't even communist. We have never had communism exist. You could argue socialism hasnt either. Both are hard to implement in a world dominated by capitalism and the bootlickers who keep the deformed machine at their own expense.

goodmod • 3 points • 13 July, 2021 08:59 AM

Ah, the old excuse - "That wasn't *true* communism! All the other times it wasn't *true* communism either. Next time it will work for sure!"

Some people never learn. Fortunately, mainstream society in most countries has moved on from the illusion that communism was or ever will be a viable option.

Communists don't realise that the genocidal, totalitarian communism *really is* the true communism.

[deleted] • 0 points • 13 July, 2021 02:09 PM\*

Haha you avoided my question. You said communists do this but capitalists commit worse atrocities so why are they OK to but we aren't? Every bit of politics has bad seeds but capitalism in itself is a bad seed.

We already live in totatitary capitalism? I don't see why everyone is so eager to defend the shitty way weve always done things even though we knows it bad. We know the world is awful but we choose as a group to believe in propaganda . Its fucking bullshit. Why does everyone choose to believe that rich people are

benevolent and will save the day. They won't and if we don't do something only they will survive in isolated clusters. The world is collapsing slowly look around you.

half-kratos21 • 6 points • 13 July, 2021 03:39 AM

Look at Cuba by a lot of metrics better than the UK and the US

[https://www.reddit.com/r/fragilecommunism/comments/oiket2/communist\\\_cuba\\\_shootin\\\_g\\\_its\\\_own\\\_citizens\\\_for/](https://www.reddit.com/r/fragilecommunism/comments/oiket2/communist\_cuba\_shootin\_g\_its\_own\_citizens\_for/)

jazzcomplete • 6 points • 13 July, 2021 05:28 AM

That may be true but has no relevance to this discussion which is that men are being discriminated against in a blatant and lethal way.

[deleted] • -1 points • 13 July, 2021 08:15 AM

Yeah it does. It is telling you why. If we get to the heart of this problem we can fix it. Feminists claim its because of patriarchy I claim its because of capitalism. Men's issues are workers issues and those will never end without capitalism fucking off. It's pointless complaining about men behind discriminated against when it will always happen. Business is business and men will always be heavily exploited if the system is always running.

What's the point in complaining that my coffee is made with slave labour? Petitioning to get it changed? How about don't fucking drink it and don't support the shitty system. Fuck the systems that keep us all oppressed.

Only Americans are brainwashed into thinking capitalism is the be all and end all. Well their global influence is sad though because a lot of people think like the Americans now. If we all acted like the Americans the world wouldn't exist. There isn't enough resources to exploit. Capitalism turns necessities like housing and healthcare into exploitable commodities. I would argue that both of these are massive issues that affect men more at least where I live so I would say they are MENS ISSUES.

I don't want to have to work till I'm dead to make some rich fuck richer. That is a male and a female issue but there again many men are happy to do that but I believe they are the brainwashed minority. People like to live in a false reality because its easier than coping with the fact that capitalism is pure greed and brutality for the sake of brutality and greed.

It is the cause of most of our problems and if the special interest groups around the world understood this we could band together as people to take the machine down rather than all trying to change the parts individually on a live machine.

bigjoshua69 • 2 points • 14 July, 2021 02:13 PM

If thats the reason, communist countries should be flourishing and people would have more freedom there, they would never leave such paradise, would they?

Magical-Hummus • 3 points • 13 July, 2021 03:22 PM

God, this is just disgusting.

manifest-breastiny • 16 points • 13 July, 2021 12:54 AM

Fuck, that's atrocious to hear. Sadly not surprised by this at all.

Daddy\_Stop • 25 points • 12 July, 2021 11:22 PM

Logically, its MEN who should be getting the more effective vaccines, if any gender is prioritised, as a means of lowering the OVERALL number of adverse events.

What we've been told is that the chances of having adverse affects from the vaccine are much lower than the chances of having adverse affects from COVID. Women are more likely to have adverse events from the vaccine, while men are more likely to have adverse events from COVID.

COVID is more likely to cause negative outcomes overall, AND more likely to cause these outcomes in men. Yet women, who suffer from the MUCH rarer vaccine side effects MARGINALLY more than men, get the 'special treatment'.... This is actually pathetic on the behalf of the Portuguese government.

SnooHabits7185 • 23 points • 12 July, 2021 11:59 PM

Gotta love being a man in the western world.

Bisexual-Bop-It • -4 points • 13 July, 2021 05:14 AM

I didnt know Portugal was western!

goodmod • 3 points • 13 July, 2021 06:21 AM

If you look at a map of Europe, it's right at the western end of the mainland.

While I'm not an expert on Portugal, in the broadest sense Western culture is pretty much a set of variations on 20th century European culture.

Susmarshmallow • 14 points • 13 July, 2021 12:56 AM

Yay sexism against men by putting their lives at risk cause as society sees it we have less value

inblack • 2 points • 13 July, 2021 08:17 AM

I'm very confused about this post, I just got the Pfizer vaccine and know that the options that I would received would be Pfizer, Moderna or J&J.

Women get to get the first two so I really don't understand why people are only receiving J&J. I think it may be an strategic option for the portuguese militar forces on the vaccines distribution.

Linkcraft\_99 • 2 points • 13 July, 2021 09:24 AM

Thx man, when I go to edit them back in they are still there, I don't know where reddit put them.

DonDuarte • 33 points • 13 July, 2021 12:58 AM\*

I found this very weird so I tried asking around friends of mine who've been vaccinated. All of them said they got Janssen. Today FC Porto's players (one of our biggest football teams) got vaccinated. They all got Janssen as shown via FC Porto's Instagram.

I've always seen this place as a "the weird stuff only happens in the bigger countries, in my small Portugal I just have to deal with the noisy feminists crying and the quotas for companies". Now I refuse to be vaccinated with anything that isn't Pfizer or Moderna. I wouldn't care if such a division between genders wasn't made, but as a true supporter of equality, if when I get called to get the vaccine, they give me Janssen and no opportunity to get any of the other two, I'll walk out of the building while showing them this + the portuguese news articles and making some noise.

I'll be translating this information and spreading it in portuguese subreddits. In one of those I'm pretty sure I'll be banned for posting this, but I don't care.

Susmarshmallow • 9 points • 13 July, 2021 01:01 AM

Can someone link me a link to an article reporting on this I want it for something

[deleted] 13 July, 2021 07:19 AM\*

[permanently deleted]

gratis\_eeekhoorn • 6 points • 13 July, 2021 07:58 PM

they are probably celebrating it

gratis\_eeekhoorn • 10 points • 12 July, 2021 11:02 PM

welcome to clown world

sake23456 • 20 points • 13 July, 2021 12:37 AM

The only hope for MRAs is that the rich and powerful men stop supporting gynocentrism and stop throwing other men under the bus.

a-man-from-earth • 16 points • 13 July, 2021 03:20 AM

Chance of that happening: 0%

Reiwa\_ • 3 points • 13 July, 2021 08:59 AM

It's those rich and powerful old men supporting gynocentrism and throwing young men under the bus.

andejoh • 17 points • 12 July, 2021 09:58 PM

Bit remember the gender life expectancy gap is only due to biological differences between men and women. It has nothing to do with boys / men not getting the HPV vaccine girls were allowed to get, not having any "men's health" otems mandated in the Affordable Care Act, and now getting a less effective covid jab.

dontpet • 11 points • 13 July, 2021 02:27 AM

Testosterone poisoning by the patriarchy.

Worst. Patriarchy. Ever.

Eoasap • 4 points • 13 July, 2021 12:37 PM



Tigarana • 1 point • 13 July, 2021 08:20 AM

Doesn't this make sense? As side effects of the other vaccines are mostly reported in women?

Infamous\_Pay5798 • 2 points • 14 July, 2021 12:24 PM

Make sense,no. Women are probably being affected by side effects by a small amount compared to men that is if their reporting and statistics are actually accurate and empathetic of men. People should have the freedom to choose their vaccine regardless of gender. Considering minster of health and the director of DGS of Portugal are both women which in of it self is fine, seriously it's okay that they're women but based of how they decided on who gets what vaccine, they clearly are unfit for their jobs.

Tigarana • 1 point • 15 July, 2021 10:43 AM

No, actually it's not "a small amount compared to men". Due to estrogen levels women can have a higher risk of developing blood clots, and some of the vaccines increase that risk in a higher level for women compared to men...

goodfoobar • 1 point • 13 July, 2021 12:51 PM

People should be aware of the risks that come with vaccination. There are two after market passive data collection systems that have world recognition documenting these risks. Passive data collecting systems rely on people voluntarily submitting reports so they collect a small percentage of the total number of events out there.

The UK yellow card system.

<https://www.gov.uk/government/publications/coronavirus-covid-19-vaccine-adverse-reactions>

The US VAERS system filtered by COVID19 vaccine and Serious events

<https://medalerts.org/vaersdb/findfield.php?TABLE=ON&GROUP1=AGE&EVENTS=ON&VAX=COVID19&VAXTYPES=COVID-19&SERIOUS=ON>

crackerjap1941 • 5 points • 13 July, 2021 01:35 AM

Lets not confuse efficacy and overall vaccine effectiveness

PM\_ME\_NICE\_STUFF1 • 5 points • 13 July, 2021 07:02 AM\*

To add to this: Men have a significantly lower risk of getting side effects when they get JJ and Astra.

I also don't think OPs claims are true:

Pfizer, Moderna and **Johnson & Johnson**, have shown to be **largely effective against preventing serious illness and death due to COVID**, and all three companies say that their vaccines are showing promise in preventing those outcomes with the Delta variant as well.

According to a press release earlier this month, the single-shot Johnson & Johnson COVID vaccine provides at least eight months of immunity against coronavirus, and shows **“strong, persistent” protection against the Delta variant.**

Source

jeff\_the\_nurse • 5 points • 13 July, 2021 03:20 AM

To think I thought they were a great country for men ☐♂☐

rahulrajrai • 5 points • 13 July, 2021 04:25 AM

I'm in Canada and not Portugal but I hope men in Portugal protest this

BornAgainSpecial • 13 points • 12 July, 2021 08:46 PM

The Portugal Government must know that the Johnson vaccine doesn't make you sterile.

Mark\_Landers\_93 • 4 points • 12 July, 2021 11:25 PM

We are ruled by the left wing (with support from the far left). The party in charge was actually the one I voted but... since they become close the far left I started to see so many stupid ideas appearing. Quick stupid example, the party has a fraction dedicated just for women. They are discussing the possibility of this fraction become a “sub-party”. They want 50% of genders represented in every structure of party AND they want to incorporate this national wise..... even in the boards of private companies. Yes, we are reaching

that point.

UnconventionalXY • -1 points • 13 July, 2021 02:08 AM

Actually, equal representation in decision making is important, but beyond that gender should neither be facilitated or deprived and allowed to find its own level.

Ariliescbk • 5 points • 13 July, 2021 01:18 AM

Could you not just tell the doctor that you want X instead of Y? They would still have to comply with the patient's wishes, bodily autonomy, informed consent, etc. If you don't like one, get a second opinion and all that.

TheSpaceDuck[S] • 14 points • 13 July, 2021 02:47 AM

As already pointed out, I did ask. However I was outright denied (either J&J or it counts as vaccine refusal), even though they did have other vaccines since as I explained women were also getting vaccinated there and they can't get J&J, by order of the DGS itself.

WikiSummarizerBot • 4 points • 13 July, 2021 02:48 AM

### **Directorate-General\_of\_Health**

The Directorate-General of Health (Portuguese: Direção-Geral da Saúde; DGS) is a division of the Portuguese public administration concerned with public health. Even though it is statutorily a service of the Ministry of Health, it is a public agency with administrative autonomy. It was created in 1899, after a plague outbreak in Porto, in order to coordinate efforts and planning against future disease outbreaks and epidemics.

[ F.A.Q | Opt Out | Opt Out Of Subreddit | GitHub ] Downvote to remove | v1.5

az226 • 8 points • 13 July, 2021 01:59 AM

Then they don't give you the vaccine it seems. OP did ask for it.

That was my first reaction. Suredly it's just that the default is J&J for men but they can get Moderna/Pfizer if they ask for it, but no. Those vile scum lied and said it was impossible.

[deleted] • 4 points • 13 July, 2021 11:25 AM

What the fuck this is disgusting

[deleted] 12 July, 2021 07:23 PM\*

[permanently deleted]

TheSpaceDuck[S] • 16 points • 12 July, 2021 08:12 PM

The differences between vaccines has been blown out of proportion

Not by a long shot. All we have to do is to compare two countries that a while ago both had vaccinated around 70% of the population: Israel and Seychelles. While the former (which administered only Pfizer) managed to reduce cases to almost zero and go back to normality (not without consequences though as cases are rising again) the latter (which administered Astrazeneca and Sinopharm) had the biggest wave in its history with most patients being vaccinated people. This matches the numbers we got from trials of those vaccines.

It's important to state that any vaccine is better than no vaccine, obviously. However to claim that the

differences are "blown out of proportion" is flat out lying. They exist and they are relevant.

Pfizer has a reduced efficacy of somewhere between 64% and 88% against the delta variant.

Pfizer efficacy against Delta variant has been consistently 87% and 88% in two different studies. The 50%-60% values are for a single dose of the vaccine. Delta variant is in general very resistant to a single dose of any vaccine. J&J being single dose, having generally lower efficacy and the lack of data concerning its efficacy in Delta variant is what's leading experts to suggest booster shots. For all that's worth right now trusting in J&J for Delta variant is basically a gamble. Whether it's safe to mix vaccines or not that's an entirely different subject, I'm also on the fence about that.

Both of them cut hospitalizations and deaths by upper-90's percentages with confidence intervals that likely overlap each other.

Not entirely correct, but close enough. J&J cut hospitalizations and deaths in 85% while Pfizer/Moderna in nearly 100%. Smaller difference than mild to moderate cases no doubt, but definitely relevant. And while those numbers are very good, it does not consider the fact that even mild infections can easily leave you with permanent damage. This includes permanent damage to your lungs, brain and heart. In short, all vaccines are good if we're to contain the virus at all, however on an individual basis we can't deny men are being treated as sub-human beings in Portugal and are paying for that with their health.

[deleted] 12 July, 2021 09:51 PM\*

[permanently deleted]

TheSpaceDuck[S] • 1 point • 13 July, 2021 02:43 AM

Seychelles

Also has a VERY low mortality rate for their large outbreak, and said outbreak was likely exacerbated by removing most restrictions all at once.

So did Israel however. And the consequences were going from almost zero Covid cases to a couple hundred (in a population of 9 million instead of 97.000) rather than a record-setting wave. There is no reason why Israel's behaviour wouldn't have caused a wave like the Seychelles had other than the difference in vaccines.

These vaccinated people were very sick and had high resting heart rates and low SpO2 measurements, but pulled through.

Over here (and most of Europe I'd say) low SpO2 levels are reason for immediate hospitalization. This is what can lead you to a ventilator (or worse) as well as one of the reasons for long-term damage.

J&J, Pfizer and Moderna all worked well against Beta, which was less contagious but more likely to evade an immune response than Delta.

Beta is the most vaccine-evasive as a whole that's true, however Delta is the most vaccine-evasive when it comes to single doses which have been highly ineffective against it. J&J vaccine is single-

dose. The lack of data on Delta variant (all the previously mentioned Delta variant studies included most vaccines except for J&J) is also a red flag here. Right now for all purposes it is a gamble.

If you have vaccine options, you're living in a developed country. Most of the world doesn't have that option.

Well obviously, not arguing with that. However saying we're better off than a third-world country doesn't change the fact that men are treated as second-class citizens compared to women. And that (or the opposite) shouldn't be the case in any "developed country".

BornAgainSpecial • 0 points • 12 July, 2021 08:43 PM

Vaccine efficacy doesn't change because of a winter surge. Only the study results change, because they were bogus to begin with.

TracyMorganFreeman • 11 points • 12 July, 2021 07:57 PM

You're a thousand times more likely to get a blood clot from birth control than from the JnJ vaccine.

Another notch on the bed post of prioritizing women's health and driving the life expectancy gap.

ZangryGrapes • 2 points • 5 November, 2021 07:30 PM

If any portuguese men are reading this, stop working and go on strike.

Men-Are-Human • 2 points • 6 November, 2021 04:34 PM

Mind if I use this as the basis for an article on <https://menarehuman.com> ?

TheSpaceDuck[S] • 1 point • 6 November, 2021 06:21 PM

Sure, no problem at all.

Men-Are-Human • 1 point • 9 November, 2021 02:52 PM

Thank you very much. I'll let you know when it goes up.

Doogle89 • 1 point • 13 July, 2021 05:15 AM

Here are some things to consider:

1. Comparing efficacy rates isn't something you can really do. Each trial has taken place at different times in the pandemic (Different variables such as variants, lockdowns, infection rates)

1. All vaccines approved by EU countries are effective at keeping you out of the hospital. Efficacy just measures if you catch the disease or not.
2. I found this article that said there were rare bloodclot side effects that all affected women with the j&j <https://www.healthline.com/health-news/johnson-johnson-covid-19-vaccine-side-effects-what-to-know>
3. Portugal likely have a limited supply of vaccines and must be strategic in order to vaccinate the most people.

TheSpaceDuck[S] • 3 points • 13 July, 2021 11:41 AM

1. I have mentioned before, this is not just data from trials but also backed up by current real-world data.

I have also included variant-specific data on Delta variant with multiple studies.

2. Difference between hospitalization prevention is smaller but also present. That's not counting Delta variant however. Single doses have been ineffective at preventing hospitalization from Delta variant. Referring to Portugal in particular, in the recent Lisbon wave one third of ICU patients had a first dose already. J&J being a single-dose and the only approved shot without data on Delta variant efficacy (as well as lower efficacy overall of course) is precisely why concerns about it and Delta variant arose. In Portugal Delta variant is already 90% of all our infections.
3. I addressed this in the post. Blood clot effects were extremely rare on both men and women. The data used here to justify it showed twice as many cases in women. However "twice as many" here is the difference between one in a million or two in a million. The EMA has recommended it for both men and women. Needless to say there will be a lot of men dying from the delta variant while having J&J than there would be women dying from blood clots if they took it.
4. I don't call "women get protection, men get whatever is left" strategy. I call it sexism. It's "women and children first" all over again. Except that while feminists claim that "women and children first" mentality is perpetuated by men, this has been decided by two women, the minister of health and the general-director of DGS.

[deleted] 12 July, 2021 10:56 PM

[permanently deleted]

PaoLaiZ • 1 point • 13 July, 2021 09:11 AM

Are you talking about healthcare?

loststylus • 0 points • 13 July, 2021 01:49 PM

I am confused by this post as I am a male in this age group and I received a Pfizer shot. Was this rule adopted very recently?

TheSpaceDuck[S] • 2 points • 13 July, 2021 02:29 PM

It was indeed adopted quite recently. The official statement from the DGS came mid-June but as usual there was probably a bit of delay between the statement and vaccination centres actually adopting it (as well as them handling the remaining stock of mRNA vaccines they had, etc.).

loststylus • 3 points • 13 July, 2021 02:31 PM

That sucks.

Well, I hope I will at least receive a proper booster. Had the first shot last week.

TheSpaceDuck[S] • 2 points • 13 July, 2021 02:58 PM

In that regard you're safe. If you received a first dose of Pfizer you're guaranteed of getting Pfizer on your second dose.

Btw out of curiosity, where did you take it? My case happened in Porto.

loststylus • 3 points • 13 July, 2021 02:59 PM

I had mine in Lisbon

Positive-Guidance-99 • 0 points • 13 July, 2021 03:38 PM

Well in Portugal they're a lot more concerned about women than they are about men, because it's a very

different culture I don't think this is as much of a big deal as we are making it \_[]\_/ I know you motherfuckers are going to come for me too

DubsPackage • -1 points • 13 July, 2021 09:46 PM

Joke's on them, the Pfizer vax gives heart palpitations, J&J seems to be the best one for relatively young and healthy guys.

That being said, Portugal is a poor country, they probably don't have much vaccine to go around so they're being strategic with the little supply they have.

Either way, J&J is the best one.

WingsofSky • -19 points • 12 July, 2021 09:04 PM

That's a bit misleading there.

The J&J vaccine can cause blood clots in women and kill them. Although it's rare.

But men should have the choice of the three. IMO.

carboonpn • -1 points • 12 July, 2021 09:33 PM

Even if chances are very low, females use this to avoid vaccination, probably the government chose this strategy to increase compliance with vaccination. I think OP missed that point.

WingsofSky • 3 points • 13 July, 2021 12:42 AM

Phizer and Moderna are pretty good so far.

Although a few kids in the USA have died from phizer, if I remember right.

sTixRecoil • 1 point • 13 July, 2021 03:21 AM

When I saw that it hadn't been proven that it was from Pfizer, just that they had phizer and had died, but they might have found a correlation, I didn't keep following it

carboonpn • 1 point • 13 July, 2021 04:21 AM

You couldn't get it everywhere so you're lucky.

[deleted] • 3 points • 13 July, 2021 07:05 AM

Men are more likely to die from covid than women are to get blood clots.

Hell, men's risk from covid with the j&j vaccine is greater than women's risk of blood clots... but sure, killing men so women will get the vaccine...no biggie.

carboonpn • -2 points • 13 July, 2021 10:32 AM

Nonsense. OP is spreading misinformation. J&J is 85% effective against the delta variant while Pfizer is needing a booster (less than 80%). Men are getting the better vaccine.

J&J 85% effective against delta Pfizer and Moderna need boostersource

[deleted] • 2 points • 13 July, 2021 12:26 PM

Ah, so you're spreading misinformation or, hopefully, just done understand the difference between what you and OP are saying.

85% effective against hospitalization and death, not from getting the delta variant, which even getting a mild case has long term health effects.

carboonpn • -1 points • 13 July, 2021 04:00 PM

What!? Nonsense again, or you are agreeing with me, I don't know. It's known in all vaccines they offer protection against severe illness and death. OP is writing that Portuguese men are offered little to no protection to the Delta variant. I have just shown it's 85%. He's making a point men are getting inferior vaccine and it's because men should die? Well that's what I call misinformation. There's scarcity in the vaccine availability, he didn't address that, and the rules are a direct relation to that.

It's an entirely different discussion what you are on about the long term effect are from mild case, but most recover eventually.

[deleted] • 1 point • 13 July, 2021 04:05 PM

What!? Nonsense again

Do you not understand the difference in OP's claim and your own?

carboonpn • 0 points • 13 July, 2021 04:26 PM

No there is no difference. I understand it perfectly. If you want someone to explain to you, just ask, but you are making it really hard with these one liners. He's writing a lot of nonsense on how men are disposable and the vaccines given to men are worthless. Which is completely untrue.

[deleted] • 1 point • 13 July, 2021 06:25 PM

So, the question is... do you not understand the difference (ignorance), or do you need to pretend there's no difference (willful ignorance)

carboonpn • 0 points • 13 July, 2021 06:32 PM

No it seems you don't understand plain English.

940387 • -3 points • 13 July, 2021 02:38 AM

Sure, this sucks but realistically you will get the one there is in stock. If they have the others they have to give them away or they go bad. If it makes you feel better, if you're young, the difference in efficacy doesn't really matter all that much in reality.

CookedCritic • 9 points • 13 July, 2021 05:29 AM

fuck off, you're part of the problem dickhead that's clearly not the point

carboonpn • -2 points • 13 July, 2021 05:11 AM

There's a lot of misinformation here. The delta variant is 85% effective with the J&J while the Pfizer and Moderna need a booster. Furthermore the storage and logistics with J&J is much better, however Pfizer availability is much more scarcer. You get the better vaccine but you see those percentages and think Pfizer is better. Don't be a crybaby.

J&J 85% effective against delta Pfizer and Moderna need boostersource

quorn\_king • -7 points • 12 July, 2021 11:28 PM

There's actually a case to be made for not giving the Pfizer/modern vaccines to men as there has been higher

rates of myocarditis in men after mRNA vaccines. I don't think this is a sadistic plot to prioritise women over men.

az226 • 8 points • 13 July, 2021 02:03 AM

Yeah, I'd buy that if they made the J&J the default but you could still choose your preference. But OP did ask for it and they denied him and lied. That's super messed up.



[deleted] 12 July, 2021 08:10 PM

[permanently deleted]

[deleted] 12 July, 2021 10:19 PM\*

[permanently deleted]

mewe0 • -6 points • 13 July, 2021 03:49 AM\*

downvote for spreading misinformation <https://www.youtube.com/watch?v=K3odScka55A>

edit: to explain the misinformation im mentioning: according to this video efficacy isnt as relevent as youd think it is

edit 2: funny how yall keep downvoting but nobody dares to say how/why im wrong with a cited source

TheSpaceDuck[S] • 5 points • 13 July, 2021 11:27 AM

I have already addressed it so many times, yet people keep repeating this.

1. I have included comparisons on how different shots as well as single vs double dose handle Delta variant exactly for this reason.
2. Current real-world data backs up these trial numbers. Read my other comment on Israel vs Seychelles, that's a good example
3. Single-dose inefficacy against Delta is not just from trials. For example, just recently 1 in 3 ICU patients in Lisbon already had their first dose.

Don't accuse others of spreading misinformation while doing so yourself. It's embarrassing.

mewe0 • -3 points • 13 July, 2021 11:31 AM

and the video i linked explains exactly why these trial numbers are not relevant, you didnt listen to a single second of it, did you? care to point out which points are wrong/false? though youll have to actually listen to whats being said to be able to do that first.

TheSpaceDuck[S] • 2 points • 13 July, 2021 11:50 AM

I have watched that video even before you sent me. However you didn't even bother to read what I said. The numbers I'm using are way more extensive than the trials the video is talking about.

I have used numbers that are already filtered for Delta variant, not "different studies with different variants" as you falsely claim by citing the video. I have also shown real-world data backing it up, which has nothing to do with trials. I have also shown effects in Portugal in particular which once again has nothing to do with your "different trials in different places" argument.

Either you replied without reading a word I said or you're being stubborn on purpose. Both are embarrassing.

care to point out which points are wrong/false?

I already did. The video points out that trials in different places with different variants shouldn't draw conclusions. I have pointed:

1. Information specific to the variant we have
2. Data from real-world with countries that are already 70% vaccinated, not from trials
3. Data from ICU patients (not just infected) with single-doses here in Portugal

It seems it's you who didn't understand what the video is about. At least try to understand what it's saying instead of watching it and thinking "ok data always wrong".

carboonpn • -36 points • 12 July, 2021 05:15 PM\*

The reason for this is the higher incidence of thrombosis in females.

Edit: even if chances are very low, females use this to avoid vaccination, probably the government chose this strategy to increase compliance with vaccination.

TheSpaceDuck[S] • 40 points • 12 July, 2021 05:26 PM

I addressed that:

The excuse given for the gender segregation was that most cases of blood clots from Janssen vaccine occurred in women. However the truth is cases were extremely rare on both genders and the European Medicines Agency has recommended it for both genders within that age group. Portugal chose not to follow that recommendation.

The fact is, they're knowingly giving men a vaccine that is ineffective against our variant for the sole excuse that they are men, against EMA recommendations.

[deleted] 12 July, 2021 07:39 PM\*

[permanently deleted]

carboonpn • -8 points • 12 July, 2021 08:33 PM

Yeah I think it's because females complain a lot faster on side-effects so their government chose this to increase compliance on vaccination.

carboonpn • -6 points • 12 July, 2021 08:31 PM\*

The EMA ofcourse will say there's no high likelihood of it occurring as in the big picture the cases are limited and still you can choose not to use it, especially if the clots occur more in females. It's just politics at this point.

Portugal made that choice but it's a sensitive one, it's mostly females who scream panic on the thrombosis so your government probably choose this to increase vaccination compliance.

TracyMorganFreeman • 19 points • 12 July, 2021 07:59 PM

Women are 1000 times more likely to get thrombosis from their birth control than that vaccine.

carboonpn • 5 points • 12 July, 2021 08:34 PM

Yeah and women are 1000 times more likely to complain on new vaccine side-effects so their probably

government made this political choice to avoid vaccination non-compliance by women.

Beautiful-City9956 • 1 point • 16 July, 2021 04:55 AM

So I it sage to get the vaccine

Conohoa • 1 point • 23 July, 2021 06:46 PM

Nice, I'm moving to Portugal

BloodyUserOfNames • 1 point • 29 November, 2021 02:42 PM

u/koiRitwikHai

koiRitwikHai • 1 point • 29 November, 2021 02:59 PM

This is a very misguided post.

First of all, vaccine efficacy is not equal to its effectiveness. Source

Secondly, the post itself says that

Officially men in Portugal can be given the Janssen vaccine, but there is no official "men get this, women get that" rule. However such rule remains in practice in vaccination centers nonetheless.

So, state is not sponsoring this lack-of-choice. Case closed.

TabulaRasa5678 • -1 points • 14 July, 2021 09:40 AM

I love how people don't want to eat GMO foods, but don't mind getting themselves genetically modified.

TheSpaceDuck[S] • 3 points • 14 July, 2021 01:54 PM

Assuming that is not a troll comment, that conspiracy theory has been debunked plenty of times.

TabulaRasa5678 • 1 point • 15 July, 2021 12:13 AM

It's not a troll, it's a hilarious hypocrisy.