

# I want to find out about my LTRs past

March 7, 2017 | 7 upvotes | by [roseillus](#)

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For some reason I feel the need to know what her past is, thinking about her being fucked by another guy bothers me a lot, I want to know the extent of what she did so I can do more. Is this normal thinking? Why do I keep wanting to know? She's good LTR material and her n count isn't high but I keep coming back to it.

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## Comments

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quicklogaccount • 5 points • 7 March, 2017 09:12 PM

It's common as fuck. Shitty sign altogether.

Guys feel like this a LOT when sex and scarcity is playing a major role in keeping them committed to their girls. Shitty sign because you're paying sex with commitment and it's a bit of a lose lose situation.

If you learn that she gave better sex around for less commitment, you're overpaying. This feeling usually nukes LTRs.

If you don't, the absence of proof will never be proof of absence, you'll always be bugged about it, and you're still overpaying for sex if you're buying it with commitment. You'll be frustrated and your brain has a knack for hacking itself into believing shit to get you to break up.

It's usually better to just hit quits, but if it isn't some OCD like thought for you, maybe you have a shot at fixing.

Don't EVER ask her about her past and increase the kink of sex. See where she comes from, what you know about her, and work from there. Liberal arts student? No? Fatty/image issues? Insecure?

The idea here is to always make sure you're getting her best game ever on bed BEFORE YOU COMMIT, nothing short of her best game ever.

roseillus[S] • 1 point • 7 March, 2017 09:23 PM

I've already been told I'm better than anything she ever had before and all that shit, we're happy and everything, but I keep coming back to I wonder what she's done in the past and it's been bothering the fuck out of me like an OCD thought.

quicklogaccount • 2 points • 7 March, 2017 09:49 PM

Increase the kink so you're sure.

If you ask it because of insecurity, you're doomed.

roseillus[S] • 1 point • 7 March, 2017 10:25 PM

Is it an insecurity though?

quicklogaccount • 2 points • 7 March, 2017 11:50 PM

Insecurity? Sort of. Sometimes it is, but it's not as common as people paint. Were you ever insecure about sex BEFORE you got your girl? If you were, it's a strong candidate. If not, look elsewhere.

The most common cause there is placing an undue importance on sex. Most men enter relationships from a place of sexual scarcity. They (you?) might tell what they want to themselves, they're in the LTR because only there sex is available.

If sex is the only thing they're looking from the relationship, it becomes important to know its worth. If the girl gave it easily or better for other men, they're overpaying. Either way you can see it sux in too many ways. Honestly, there's not a lot of theory regarding this but I guess it's unnatural to pay for sex with commitment. You pay with sex. Commitment should buy you other shit.

If this is the case, there aren't a lot of options. Abundance mentality is and it always will be non negotiable, even in a LTR (you should know that already), so you don't ever get in this mindset. Developing it from inside an LTR is hard as fuck. It's hard to even keep it. *How's yours?*

Other common issue is having an actually shitty girlfriend that doesn't have any of the "big issues". She doesn't cheat, she's not frigid, but she still sucks. Naggy, ugly, suck at sex, whiny, whimsy, refused to ever be content, either way she sucks and the relationship sucks. In these cases SHE is actually the issue but you won't see it because you were heavily conditioned to see no evil in women aside from "the big ones", so you'll end up seeing issues where there are none. The most common thing is to develop an irrational fear that she is cheating, followed by a strong "I'm missing out" feeling, with the "overpaying" thing coming third. All three are hardwired things your brain triggers to try to get you to act and dump the shitty bitch.

Anyway, if the thoughts are behaving like OCD I'm sorry but I REALLY believe it's past the point of no return. Because this shit It is a lot like OCD.

It won't help you that she reassures you that you're the best, the same way it doesn't help someone plagued by OCD to check the doors or wash the hands once more. The problem with the OCD guy isn't not knowing whether he locked the door or not, and yours probably isn't the doubt whether she had or did better, or not.

roseillus[S] • 1 point • 8 March, 2017 12:09 AM

I entered only wanting sex and then wanting more. My abundance mentality has been fading I've realized. One thing I have a hard time understanding is abundance mentality inside an LTR, is that just knowing that you can get other girls? Because I know I can, but talking to other girls/flirting with other girls, etc. I don't do unless she deserves a little dread. She's extremely devoted to me but sometimes I still wonder if she will cheat on me before I crush the thought and think who cares? You say being reassured won't help but every time I hear it, it does. I think my problem is the fact of not knowing and wanting to know what I'm getting into completely. Going off your metaphor, if someone else locked the door and they gave me proof they did it wouldn't bother me.

quicklogaccount • 2 points • 8 March, 2017 02:23 AM\*

*The door is a common OCD target.*

And nope. Her reassurance eases you for a split of a second, and, while you are around her and distracted from the true source, you remain ok. Once you move away, it comes back.

The issue isn't whether someone else fucked her good. The issue is you trying to make sex good enough to justify your commitment when sex itself isn't happening and she's being affectionate, therefore requiring you to reciprocate her efforts. Sex can't possibly be that good.

I had an easier time than you. I knew my ex had being far kinkier, threesomes and shit, but felt too much possession and insecurity to ever go that road with me, she knew I was in for the sex. This allowed me to be pissed with the comparison.

Your problem will go a bit further, not even her best sex ever makes up for the hassle you go through to get it. I suggested you to increase the kink earlier but I doubt it'll do the trick. You're on OCD zone already, and it seems your wiring is already in short circuit, the "she'll cheat / is cheating" thing.

For serious. To fix it you have to lower the value of sex for yourself and start paying attention and valuing whatever else she brings to the table. Another way, more objective, to look at it, is bearing in mind that we're men, our optimal sexual strategy is polygamy, the greater return from sex itself that we can get is enacting it, fucking around, spinning plates. Girlfriend sex loses for it. If you want a girlfriend you need to value other shit

enough so it makes up for the non optimal sex, and valuing it won't be natural, but a matter of choice and effort. Being caught in this limbo, dating a vagina and affording a whole woman for it, makes most committed men AFCs, even if they're committed to decent women.

*Personally, I'm looking into vilifying sex so I pay good attention to the rest on my next LTR. I've made myself a bucket list though. lol*

Edit:

When in LTRs, women flirt safely within plausible deniability to maintain their abundance mentality. You basically do the same. Women's "plausible deniability" zone is usually bigger than men's, but if you strive and make yourself attractive, that zone will be stretched so much you'll have a hard time believing. And you can always go anonymous. At some point you get yourself knowing that if it was only sex, you'd dump your girl in a second. You might rationalize it for some time ("If it was only sex, I'd dump her, therefore there must be something else between us") but once you're conscious about the process, if it was a rationalization, it falls quickly.

roseillus[S] • 1 point • 8 March, 2017 02:40 AM

I don't put in any big effort to get sex from her though. So I need to devalue sex?

quicklogaccount • 1 point • 8 March, 2017 02:52 AM

You're her boyfriend dude.

If you're doing it right, you still put 40% of the effort. 40% of a decent relationship is a fucking lot.

If you're not, you might be putting over 50%.

Man, as I said, causes for feeling like you do:

*You just want sex and is on a relationship for it. You're overpaying for sex. Ideally break up, because you don't want an LTR. If not, look into lowering the value of sex for yourself and get yourself observant of other values in women, besides sex. It's not easy to do when you're in scarcity, so, try to ease it.*

*She's being shitty and you're failing to see it. Break up ideally, or give her an ultimatum you plan to enforce. Dread a lot.*

*You know you are missing out and the relationship doesn't make up for it. Break up, there's no fixing this.*

*You are insecure. Improve yourself, but you'll only get confident on sex by fucking around. So break up.*

Speedracer1111 • 4 points • 7 March, 2017 11:35 PM\*

Deleted to prevent doxing

[deleted] • 8 points • 7 March, 2017 08:58 PM

You're acting like a beta

roseillus[S] • 3 points • 7 March, 2017 10:29 PM

I know that much

IPinkIStink • 3 points • 7 March, 2017 10:17 PM

Dumbass. Go ahead. Find out. Ruin your relationship.

Because if the unknown bothers you this much, the truth will eat you inside out.

roseillus[S] • 1 point • 7 March, 2017 10:26 PM

But for some reason the truth gives me a peace of mind, of knowing and then being able to move past it.

IPinkIStink • 4 points • 7 March, 2017 10:30 PM

Keep telling yourself that. Go ahead, I want you to find out. Then come back here and we'll help you out.

shadyindividual • 2 points • 8 March, 2017 02:19 AM

Don't ask questions you don't want to hear the answer to

trainwithlino • 2 points • 8 March, 2017 03:20 AM

Spin more plates. Don't gaf about the quantity or quality of dick she's had, it makes no difference to a man. It's your turn, so enjoy the shit out of it to its maximum effect.

wheresMYsteakAt • 2 points • 9 March, 2017 12:39 PM

Shes a whore who has and will fuck everyone. Ok now that is out of the way, does she make you happy? Does she fuck and suck you? Does she do shit for you? Yes to all 3? Keep her. Bang other chicks on the side if you want.

roseillus[S] • 1 point • 9 March, 2017 03:34 PM

What shit?

XTCMDMAECSTACY • points • 7 March, 2017 09:02 PM [recovered]

Your choices:

- 1.) Ignore and have a happy relationship. (This is best choice, as it is the one where you and her are most happy)
- 2.) Casually bring it up, and probably bundle your delivery and seem desperate. (This choice leaves you with the possibility of her lying and you not liking the answer regardless, making you both unhappy)
- 3.) Have perfect delivery and she tells an honest answer. (first you'll never truly know, second the question itself is desperate in nature and she'll know. This leaves you with her knowing something about you that will bother you in the future)

Hopefully that isn't as confusing as it seems in my head but really your goal shouldn't be 'I need to know her n count,' it should be 'I need to learn how to make something trivial not matter to me.'

Next her because your probably already leaving a trail of desperateness that she can realize, if not then whatever. Just avoid the subject try to advance your mental state into being able to be ok with it, because it really isn't something that matters.

roseillus[S] • 1 point • 7 March, 2017 09:26 PM

The thought of not knowing is gnawing at me and I don't know why. I feel like how can I commit to this girl when I don't even know what she's done.

WhorehouseVet • 1 point • 8 March, 2017 05:11 AM

It's 50.

Your\_Coke\_Dealer • 1 point • 10 March, 2017 12:56 AM

If you're considering asking, you haven't fucked enough women

Auphor\_Phaksache • 1 point • 7 March, 2017 08:56 PM

It's not normal but it's common for people who are new to TRP.

quicklogaccount • 3 points • 7 March, 2017 09:00 PM

Bullshit that it's not common.

Auphor\_Phaksache • 1 point • 7 March, 2017 09:02 PM

Someone makes this post like every week. Right behind someone coming out of monk mode and not knowing what to do next. Or someone being repulsed by women having swallowed the pill.

quicklogaccount • 2 points • 7 March, 2017 09:15 PM

Yep. It's common as fuck. Poor fellows.

I made mine some time ago, but I had it a little better elaborated at the time.

At least OP isn't obsessing about what he knows but rather wanting to know. I suppose it stems from the same place though.

wheresMYsteakAt • 1 point • 9 March, 2017 12:36 PM

or the newest wave "Has anyone else swallowed the pill and wish they didn't?"

II128 • 0 points • 7 March, 2017 09:06 PM

Mate guarding is a very bad idea. You're worried about her past? How are going to handle not having your head up her ass 24/7 in the near future?

roseillus[S] • 4 points • 7 March, 2017 09:27 PM

Do you know what mate guarding is?

II128 • 0 points • 7 March, 2017 09:28 PM

Oh, please, tell me.

roseillus[S] • 2 points • 7 March, 2017 09:31 PM

Tell you what? I was asking.

II128 • 1 point • 7 March, 2017 09:33 PM

Side bar. But in short it is beta behavior. When a man tries to keep other men and situations from getting the attention of his woman and works to keep her isolated to him and him alone.

roseillus[S] • 1 point • 7 March, 2017 10:30 PM

But her ex is out of the picture, she absolutely hated her ex, but can this still be mate guarding?

II128 • 1 point • 7 March, 2017 10:32 PM

Yes it is. Why else does he want to know her past? He wants to out compete her past. That can never be done. He can't wipe her memory or her past. Asking is mate guarding in the worst way.

roseillus[S] • 2 points • 7 March, 2017 10:36 PM

I think it's because I feel like once I do everything and more I feel like it's just me now,  
and that sounds weird once I type it out.