

Do you actually regret screwing up any past LTRs due to being Beta?

July 6, 2017 | 9 upvotes | by [dontbedenied](#)

I've had two LTRs, both of which I'm glad I got out of when I did. Both were with low quality women who I let treat me like shit. If I hadn't been such a Beta bitch, sure, I could have made the relationships last longer, and I guess they would have been slightly higher quality. Actually, if I had my head on straight, I never would have taken either of these women seriously as long-term partners. But regardless, I don't regret those relationships ending when they did.

What about you? Any regrets?

Archived from theredarchive.com

Comments

Helmet_Icicle • 20 points • 6 July, 2017 12:28 AM

Shouldn't matter. The only use of the past is a barometer for your current pursuit of self-improvement.

Pining is mental rent being paid on a sunken cost fallacy. Use your brain dollars on more salient investments.

Pluglord • 9 points • 6 July, 2017 01:32 AM

Excellent vocabulary

aasman1 • 2 points • 6 July, 2017 08:12 AM

Sick metaphors brah. Really well put.

Renzotl56 • 6 points • 6 July, 2017 12:45 AM

firm believer of no regrets and after all going through the bad experiences helps you know what to avoid and what you don't like for the future.

dontbedenied • 5 points • 6 July, 2017 12:56 AM

I'm still getting over a bad relationship...I don't really miss the girl that much, I'm mostly just ashamed of myself for getting into the mess and investing so much emotionally in someone who really disgusts me in retrospect. I regret having the relationship although it was without a doubt the most eye-opening relationship I've ever had.

Renzotl56 • 7 points • 6 July, 2017 01:56 AM

Sometimes that's the best thing that can happen to you. You realize how blind and incompetent you can become. Makes you change and get your shit together. At least that's what it did for me.

dontbedenied • 1 point • 6 July, 2017 05:19 PM

Thanks

AwakenedSovereign • 4 points • 6 July, 2017 01:25 AM

Easy trap to fall into. You ask yourself: if I had only known better, could I have made it work?

But if you had really known better, you probably would have avoided getting serious with toxic women to begin with.

falecf4 • 4 points • 6 July, 2017 06:05 AM

All of my "mistakes" made me who I am and what I am. I didn't make any serious mistakes like kids or getting married even though I used to think that's what I wanted.

As you go forward you will know how to handle that hot chick, how to avoid crazy, how to own your job and it will all be because you screwed up at some point earlier in your life and learned from it.

Westernhagen • 2 points • 6 July, 2017 04:27 AM

No need to regret screwing up relationships with low-quality women. I cringe when I think of how my past beta-bitch behavior screwed up relationships with high-quality women (or caused me to get shot down before I even had a relationship).

[deleted] • 1 point • 6 July, 2017 01:11 AM

I do, but I don't really think about it basically ever.

GreenPiller • 1 point • 6 July, 2017 05:42 AM

Nope. I wouldve married those bitches if they hadn't dumped me. Now I dump them

Redshoryuken • 1 point • 6 July, 2017 06:18 AM

The word "regret" implies that you could do otherwise. I mean sure, the vast majority of us would agree that we would rather have it natural either via upbringing or whatever.

But your past is what brought you to this moment, including fuck ups. Undoing those would diverge your path. In a very sick sense you ought to be glad that you had a reason to question your world view and beliefs and that eventually made you grow.