

The 3 Best First Date Ideas (That Will Help You Get Laid)

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As my date and I watched Thor smash aliens with his hammer on the big screen, I wondered whether I should [make my move](#).

I had to make my intentions clear, but what if I creped her out? I imagined all the possible outcomes if I reached out my hand and put it across her shoulder.

Finally, I took a deep breath and slowly extended my arm around her shoulder. She accepted it. Mission accomplished.

Unfortunately, holding her shoulder was as far as I got on that date. I didn't know it at the time, but going to the movies with a girl is a terrible first date idea.

While you're watching a movie with a girl, talking is awkward, but not talking is also awkward. It's also difficult to get a sense of whether or not you should make some kind of move during a movie. All in all – movie dates suck.

Dinner at a restaurant is also a pretty bad idea. Restaurants are formal by nature, which can make the girl think you're taking the date very seriously. You want a first date to be lighthearted. Dinner at a restaurant can feel more like a business meeting than an opportunity to let loose and have fun.

So, if two of the most popular first dates ideas are best avoided – what's the alternative? In this article, you're going to learn just that: the three best first date ideas that will help you get laid.

1. Coffee



Unlike dinner and a movie, coffee dates are a classic for good reason. Coffee shops are casual environments where you and your date can have a real conversation.

Coffee shops are public, which means the girl can feel safe (as opposed to going hiking or meeting you directly at to your place).

Wherever you live, there's a coffee shop nearby. This means you can choose a location that's close to your home (if you want to [sleep with her](#)).

When I go on a coffee date, I like to talk for roughly 30 minutes at the coffee shop before inviting her to walk around the area. Then, I invite her to watch a TV show at my place (once there, one thing leads to another).

This might sound too simple, but that's the point. A good date has little to do with the activity, it's about giving a girl the chance to enjoy your company (and vice versa).

2. The Park

Going to the park is the best option completely free option for a first date that's completely.

If you want to get fancy you could set up a picnic, but that's not at all necessary. Parks are a good first

date because they're a public, but quiet environment where you and a girl can have a fun conversation. Parks are also useful. If you and the girl you're with both live with your parents. You can stay at a park until late night, and, well, use it as a sort of public bedroom.

3. A Bar



In our culture, there's a strong association between drinking and sex. Basically, if you've had a couple drinks, it's okay to let loose and have fun.

I don't recommend you get wasted, but having a drink or two with a girl can calm her nerves (and your own).

Like coffee shops, there should be a bar near your home – which makes it easier to transition the date from a public location to a private one.

Bars are generally better than clubs for dates because they're not as overwhelmingly loud, and, in bars, you don't have to pay \$500 for a bottle of liquor if you want to sit at a table.

Conclusion – The Three Best First Date Ideas

We men are prone to overthinking when it comes to dating. We want to take girls on the best possible date. We want to show a girl how thoughtful we are and how much we care.

Unfortunately, though our intentions are good, this type of thinking has the opposite of the intended effect. When you take a girl on an expensive or “fancy” date, she's just going to think [you're taking her way too seriously](#), and that you're not dating her to have fun, but to get in a serious relationship.

Even if you do want a serious relationship, putting too much effort into your dates isn't a good strategy. Make a girl feel good in your presence – [show her that you're fun, lighthearted, and interesting](#) – and she will want to spend more time with you.

The more effort you put into your dates, the harder it is to come across as fun and lighthearted. This will only backfire by making women feel uncomfortable.

The three best first date ideas are simple, straightforward, and inexpensive. Meet her in a public place where it's quiet enough to have a good conversation, charm her with your personality, and then move thing forward in whatever way you like.

There's no need to overcomplicate things, she'll have fun with you because you're awesome – not because you spent a lot of money on her.

(If you want to know how to lead your first dates to whatever conclusion you desire, check out [Irresistible: How To Attract Women With Ease](#). Follow the link today to get it at a for only .99 (an 80% discount)

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