

What is Feminine Beauty? (Part 1)

The Feminine Woman | 4 January, 2010 | by Renee Wade

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Feminine Beauty: Radiating Your True Femininity and Unique Beauty

It's true: Women (and especially feminine women who are comfortable with themselves) are beautiful. Not just celebrities or beauty icons; all women.

I'm not going to launch in to a discussion about beauty is in the eye of the beholder, because it is, and you and I know this. I'm going to give you reasons why you are beautiful, and why all women are, subject to a few things. ☺☺☺ no, I don't mean your figure, or how symmetrical your features are. I'm talking about the intangible beauty that you can radiate through your feminine energy! (Click here to take the quiz "How Naturally Feminine Am I Actually?")

Why are women beautiful? Women give life. We nurture, take care, worry for the ones we love, we give unconditional love, sing, laugh, play(ful), bathe sensually, dance, and most importantly, we give masculine men a reason to work, provide, go to war, run, hunt, and risk their lives. Such is the saying:

"Behind every great man is an amazing woman"

Although a woman need not always be *behind* a man; a woman's femininity can certainly propel a man to do more, and become more. Men need a source of [feminine energy](#)!

This probably seems a bit old-fashioned, but if you look in to history and read about disasters, you will find that often, men shielded women from danger/death. This is still the case, although not always so common in today's society where women are becoming more masculine and men are becoming more feminine. ([read my article about what is femininity](#))

Even I have had a male friend who stood behind me in a challenging situation (long ago in my past), and I'm sure other women may have had this experience too. I have female friends who have been forced to take charge of a threatening situation (such as a potential robbery) because the man was screaming and more afraid than she was. These situations are unfortunate, but we can all attract the kind of chivalrous man in to our lives. (Click here to take the quiz "Am I Dating a Commitment Friendly Man?")

Now, getting back on track ☺☺☺ no matter what you look like, if you can cultivate within yourself that rare feminine energy, you can be forever worshiped, as you will make your man (and other men around you) feel more like men, and make them happy. There really is nothing more beautiful than a woman who knows herself and is comfortable with herself. This includes being at home in her femininity.

Having said this, feminine beauty comes in many forms. Tall, short, dark hair, light hair, dark skin, light skin, freckles or no freckles, dark eyes, light eyes, big-breasted or small breasted (yes it's true, you don't have to be big breasted to be beautiful!!), and of course you can find beautiful women in any continent or country in the world.

By the way, I want to teach you 5 secrets to having your man fall deeply in love with you and beg you to be his one and only. These 5 secrets are inside of my brand new DVD, and right now it's FREE. [Click HERE to get yourself a copy before they run out!](#)

There is one hindrance to your feminine beauty, or your beauty altogether. A lack of health. If you are

unhealthy, or know there are habits you must curb in order to achieve your best beauty, curb them!

Find the reason behind them, find what deeper needs you are trying to meet by continuing these negative habits and meet those needs in other ways. Radiating health = beauty. If you're healthy, your skin will glow, your body will take care of you (when you take care of it), your hair will be strong and healthy, your nails will be strong, and you will achieve a good level of fitness much easier, and be happier too.

The media's image

Now, as you and I know, the media is constantly feeding us with images of what is "considered" to be beautiful women. Yes, there are many beautiful famous women, but there is a very high level of interference with celebrities in photo shoots. You will be shocked to know how much photoshopping is done, and to what dangerous extent it is done.

If you want to know what is REALLY being done to celebrities behind the scene with modern technology, please watch it on You tube. You will be shocked.

There are still many women and young girls who will laugh this off, but the movie stars and models that you and I admire are just like you and I. Without the makeup and glamour, and the help of modern technology, they have *imperfections as well*. You and I may look at a picture of a famous model and think she is perfect, but look a little longer, whilst altering the mental angle through which you are looking at the picture, and you will see that they can be faulted, too, if we wanted to fault them.

Now, I'm not asking you to look for the imperfections in people normally, this would be silly! I'm saying this because we all see something through a set of filters. If you look in the mirror and think you look horrible, it's because you have that filter through which you see yourself. Even if you have good and bad days (there are triggers for the bad days – you just don't consciously know this yet). At the end of the day, you have to believe you are beautiful in order to radiate your true beauty ☺☺☺

Yes, Angelina Jolie may seem perfect to some people, and the same goes with other celebrities such as Jessica Alba, Salma Hayek, Penelope Cruz, Cameron Diaz, Halle Berry or Reese Witherspoon. The difference is that these celebrities have to take care of themselves.

Unfortunately, most everyday women do not find enough reasons to STAY HEALTHY and to take care of themselves and take pride in their appearance. If we all took so much care of ourselves, you will be surprised how much more **radiance** you can have. The little things such as drinking coffee, eating sugary refined foods, processed meats, or smoking amount to a whole lot of health damage! Of course, health includes emotional, spiritual and [physical health](#).

Another thing. The women in your life who you think are stunning – it may be a friend, colleague or relative, are not immune to doubts about their beauty. So we really need to take care of our sisters. Even if you think a woman is confident and think she is the best, and you feel like 'nothing' compared to her, I promise you, she is not immune to feelings that she is not enough. We have all been subjected to pain in our lives, and all women have been subjected to reasons why they "shouldn't feel" beautiful.

AND, lovely, it doesn't matter if she is what you consider to be ultimate beauty! Whatever it is you and I were born with, there is always a reference that says certain features that we have are not OK, or not beautiful enough. Or desirable enough. Or special enough. For example, the woman who has really long legs. It is likely that she is tall.

The flip side is, **some people may consider this unattractive because a woman ought to be smaller and not taller than a man**. The same goes with a shorter girl; from one perspective, she is nice and curvy, and from someone else's perspective, she may be 'less' because she is not tall, like models are. You can bet the famous models have had these issues as well, perhaps while they were growing up, being

so much taller than everyone else.

What Is The One Specific Emotional Trigger Within Every Single Man in this World That Inspires Him to WANT to Commit to One Woman, Want to Take Care of Her, Worship Her and Only Her? [Click here to find out right now...](#)

So whatever it is that you look like, know that you are unique.

Not only physically, but on the inside, too (if you are true to yourself), as after all, there are a great number of women whose looks and personality blend in to the rest because they feel they have to do this to be accepted! You are so fortunate to be born unique! And, you are beautiful. There is never going to be another person like you EVER again! ð□□□ This is something to be celebrated. ([read my article about music to inspire femininity](#))

Also, find an example of someone whose look is similar to your own. It could be a person you know, or once knew, or even a celebrity. Beauty comes in many forms. It all depends where you focus. If you want to find references to help you conclude that you are not beautiful, you always will be able to. If you want to look for references why your look IS beautiful, you just have to look, and you will always be able to find them ð□□□

Anyway, to be a goddess and a beautiful feminine woman, you do not have to look like any particular kind of woman, you just have to look like you! [Goddess fabulousness](#) comes with practice and an awareness of what true beauty is ð□□□ so don't run around trying to achieve a certain look. Plus, there's something not quite right about a woman who changes everything about her appearance. Natural is beautiful. It means you are happy with what you have been given.

And, some women think that their friends or other women around them seem to be more noticed by men, and that this must mean they are more beautiful. It may mean they are more attractive, but good news: you can control this!

Men may say they like big boobs for example, or long legs, and all men may have their particular archetype of what they like, but often men don't know how to articulate what they like and why they like it. What they truly like is what represents [femininity](#).

Men love a woman who smiles. So women who walk around looking unhealthy, tired and depressed aren't going to be at their most attractive. It's all about the energy that you project. What you put out, you get back. If you believe everyone is against you or out to get you, you'll get a whole different energy back than if you believe that there is plenty of love and excitement in life!

In my next post, I'm going to give you some basic quick ways to enhance your feminine beauty ð□□□

Most of us women actually want to know what naturally attracts men... [Click here to find out the 17 Attraction Triggers](#)

If you have anything to share with me on this topic, please leave a comment! I'd love to hear from you.



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