

The Korean, the Paddle, and the Sore Ass [Storytime with Andy]

Kill Your Inner Loser | 13 May, 2020 | by Andy



NSFW: This article contains nude pics.

Disclaimer: Everyone here is 18+. I have permission to upload every nude photo. Happy to remove pics/stories – [contact me](#).

Cover image by: [Dainis Graveris](#).

I have a lot of fun going through some of my old sex stories from the last 4 years; they're a great chance for me to see how far I've come and see what my headspace was like at the time. This one's particularly interesting – especially all the stuff about being deeply unhappy with how small and non-muscular I was. Yep, we're going to talk about *body image issues*.

I originally posted this story on **Feb 2019** on the *Good Looking Loser Forums*. As always, any parts in blue are direct quotes from the old post I initially wrote.



Banged a cute Korean girl:



~~23~~, 29

Hey, you're sexy. I'm Andy. Im looking for something very specific on here.

Hi Im [redacted] from Korea. I like your photo :)

:)

Have experience with BDSM/being submissive, or is it something you'd like to explore?

Just light thing. like spank ass, Handcuffed

Idont have "lot a experience"

Well that's some experience ;) Maybe you're the expert and you can teach me.
Whereabouts in Melbourne are you staying? I live in [redacted]

Im also live [redacted] But I live in backpackers 😊

Today 12:58

Awww poor you. I have my own place :D
We should grab a drink. What's your number?

Today 13:18

When you free?

Tonight. What's your number?

04 [redacted]



Super easy lay; banged her within a couple hours of matching her on Tinder. Met her in public, walked around for a bit and really liked her (she's super energetic and laughed at nearly everything I said). Sex was pretty decent – she made me cum in like 3 minutes, Jesus. She kept screaming “Daddy, fuck me harder, I’m gonna cum!” No man can resist that onslaught.

Here’s a vid of me belting her ass, which she *really* liked:

She actually got really turned on when I told her I wanted to video it; some girls are really into the idea of [being filmed/doing photos with you](#). She got even more turned on when I asked her if I could show it to my mates. What a little exhibitionist.

In other news, with my fat loss/muscle-building efforts:

Had a huge fucking break down last week, haven’t posted about it because I was processing everything. I can relate to [“bigorexia”](#) – I have absolutely hated my body for the last 2-3 years (the entire time I’ve been on GLL). It’s a massive point of insecurity for me, and recently I’ve realised that despite getting stronger and adding muscle, I’m no more happy than I was when I could only deadlift 40kg (I can deadlift more now). I feel like I’ll never be “big enough”.

So despite all that progress, I don’t feel any better about my strength/body; in fact, I hate my body more and more as time goes on. So I’m chilling out for a bit, focusing on learning to like my body, and slowly cutting down to a place where I have abs. I like my body when I’m skinny, the issue is I hate it when I bulk and look chubby. So I’ll lean out and then **slowly** lean bulk from there, making sure I never get fat and never dislike my body again.

It fucking sucks hating your own body – you’re stuck in your body, so you need to get to a place where you’re happy with it. Bulking (and getting fat) hasn’t ever made me happy.



Toys Used:

(These are all affiliate links).

- [BDSM Starter Kit \(everything you need to get started with BDSM/kinky sex\)](#)

What’s most interesting to me now as I look back on this old story (it’s **May 2020** as I write this now) is the last couple of paragraphs – the stuff about being deeply unhappy with my body.

To be honest, my body has always been my “sticking point” – the one thing I’ve taken the longest time to get to a level I’m really happy with. Sure, [I lost 77lbs](#) fairly easily (in about 9 months), but I’ve spent about 5 years or so hovering somewhere around “skinny-fat”. For a huge portion of my getting laid journey I looked like this:



Hardly a sexy boy.

It's taken me a long, long, long time to give myself *permission* to actually work on my body; I had a strong sense of [hopelessness](#) when it came to ever looking really good. To be fair I've made *slow* progress over the last 4-5 years so it's not like I've been spinning my wheels... but at no point have I gone *all-in*.

I guess it comes from high school – I was always the tall, skinny, “lanky” kid with no muscle whatsoever. I was never strong, I was never all that athletic; I used my head more than my body/hands. Years and years spent on the computer playing games, jerking off to porn and completely ignoring fitness instilled a really strong habit and self-belief that I could *never* be anything but skinny, or skinny-fat, or even just fat. Certainly never *muscular*.

Fuck that though. I've been seeing a weightlifting coach for a couple years, and he's made me strong – infinitely stronger than I ever thought possible. 175kg deadlift (I started at 40kg), so I'm no slouch. And I've lost fat – tonnes of fat. You can see my abs these days, which was always just a pipe dream to me. I'm getting better, day by day, week by week, and though [progress is slow](#), I know I'll get there eventually.

Here's the most recent pic I took in May 2020:



Certainly not elite, but a *hell* of a long way from where I started. Most importantly of all, **I no longer hate my body**. This is the first time I've *ever* been able to say that in my entire life – I've always been so self-conscious I couldn't even take my shirt off at the beach, lest anyone see how I looked. Even having sex with girls used to make me worry, "What if she hates my body?" So *not hating* the way I look is still pretty novel for me, even though it's been about a year now.

I know that even if my progress is slow, even if my mental blocks keep pulling me down and telling me, "I'll never get there" – fuck that shit. Just like everything else I've done, I'll become elite-looking *as long as I never quit*.

And trust me, **I ain't no quitter**.

I'm telling you all this because I want to point out to you **we all have hopelessness/limiting beliefs**; it's not just you. There's a tonne of shit I'm fearful of, [doubtful about](#), unsure if I'll be able to achieve. You have to feel that hopelessness/fear, embrace it and say "Fuck it. I'll do it anyway."

If I can do it, *you sure as hell can too*.

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